

## FITNESS CONVENERS NEEDED!

### ROLE:

- ❖ To assist with the operation of the Fitness programs prior to class start

### RESPONSIBILITIES:

- ❖ Enthusiastic approach to creating a welcoming environment for members
- ❖ To punch fitness cards for each member attending
- ❖ To distribute prepared wristbands as members arrive
- ❖ To close the doors with class in session signage in place after the last wristband has been distributed or at the 5 minute mark of the class start

### QUALIFICATIONS:

- ❖ A current member in good standing of Kennedy Seniors Society
- ❖ Able to commit to and attend the Fitness program on a reliable basis
- ❖ Completed Police Information Check
- ❖ Completion of a Volunteer Orientation

### TIME COMMITMENT:

- ❖ 1-2 sessions/week
- ❖ Teams of volunteers for each class will also allow for flexibility in volunteer time commitment – encourage a friend to volunteer with you!

