
**YOU
MATTER
TO DELTA**

Delta 

Need emergency housing? Worried about your next meal? Senior and feeling isolated? Need help?

**You are not forgotten.
You are not alone.
You matter.**

This pocket guide provides information about emergency supports and community services in Delta.

More information on services in Delta is available at [Delta.ca/socialplanning](https://delta.ca/socialplanning).

CALL 911

- if you have an immediate emergency.

CALL 811

- if you require non-emergency health information.

CALL 211

- if you need information about services or programs in BC.
Help is available 24/7
in multiple languages.



Need Shelter for Tonight?

*There are supports to help you
to stay warm and safe.*

Nov 1 to Mar 31

Extreme Weather Shelter is
open at Ladner United Church
(4960 48 Ave, Delta).

If shelter is full, call bc211.

*The shelter is only open during
extreme weather events.*

Apr 1 to Oct 30

Call bc211 for a list of
open shelters.



EXTREME WEATHER SHELTER



4960 48 Ave, Delta



604-599-8900 for options




Public transit (bus):
601 Ladner-Tsawwassen



Need Access to Emergency Housing and Other Supports?

Want to know about your housing options and need some immediate assistance?

- Mobile Outreach Team:

 604-765-6751

 hylandoutreach@options.bc.ca

Need access to free internet and computers? Visit your local libraries.

- **North Delta:** George Mackie Library
8440 112 St, Delta | 604-594-8155
- **Ladner:** Ladner Pioneer Library
4683 51 St, Delta | 604-946-6215
- **Tsawwassen:** Tsawwassen Library
1321 56 St, Delta | 604-943-2271



Are You a Senior?

*Feeling lonely, isolated?
Looking for help?*

- **Call the Seniors Distress Line:**
604-872-1234
- **Call Seniors Support Coordinator,
City of Delta:** 604-787-1242
- **Call the Seniors Services Office,
Deltassist:** 604-946-9526
(Essential Seniors Services)
- **Live in South Delta?**
**Call the Seniors Community
Connector, KinVillage:** 236-880-4120
(Social Prescribing Program)
- **Live in North Delta?**
**Call Seniors Community Connector,
DIVERSEcity:** 604-507-2266
(Social Prescribing Program)



Need Access to an Emergency Food Hamper?

Every Wednesday, 9am to 11am

South Delta Food Bank

at Lighthouse Church

5545 Ladner Trunk Road | 604-946-1967

Every second Tuesday, 10am to 12pm

North Delta Food Bank Depot

at Northside Community Church*

11300 84 Avenue | 604-581-5443

Monday - Friday, 9am to 4:30pm

Deltassist | Free emergency food bags

604-594-3455

Every first and third Sunday, 2pm

Crossroads United Church

Free fresh produce hamper

7655 120th Street | 778-593-1043

**Registration is required - call to register.*



Worried About Your Next Meal?

*There are places in Delta and nearby in
Surrey that provide free food meals.*

Once a month on Tuesdays

All Saints Anglican Church
4755 Arthur Drive, Delta
604-946-8413

Monday - Friday

Guru Nanak Food Bank
101-15199 68 Ave, Surrey
604-537-1440

First and third Saturday of the month

Muslim Food Bank
104-12941 115 Ave, Surrey
1.866.248.3868 Ext 1

Monday - Friday

Free Hot Pre-packaged
Vegetarian Meals
101-15199 68 Ave, Surrey

Call for exact dates and hours of operation.



Using Drugs? Get Supports You Need.

This community cares about you and wants you to stay safe.

Using alone and have a phone?

Download the Lifeguard app. It can save your life. It will connect to 9-1-1 automatically in the event of a potential overdose.

Need to access safe alternatives to the toxic drug supply? Call 8-1-1 for non-emergency health information.

Little House Society offers 4 free counselling sessions to Delta residents struggling with substance use disorders and their family members. Call 778-434-3119.

Deltassist provides free counselling to Delta residents using substances and their close family members. Call 604-594-3455.



Using Substances? Know Somebody Who Does? Be Prepared.

Get Your FREE Naloxone Kit in Delta:

Naloxone, also known as Narcan, is a safe and highly effective medication that reverses the effects of opioid overdose.

- **Lookout Mobile Harm Reduction Outreach Team** | 604-328-7610
Additional services: drug checking, sharps disposal, and other services.
- **South Delta Public Health Unit**
1826-4949 Canoe Pass Way
604-952-3550
- **North Delta Public Health Unit**
11245-84th Ave | 604-507-5400
Additional services: drug checking.
- **Deltassist**
9097 120 Street | 604-594-3455
Provides kits and training.



Not Feeling Safe? Been a Victim of Crime or Abuse?

Crisis 24/7 Line

Fraser Health:

604-951-8855 | 1-877-820-7444

Crisis Centre BC: 604-872-3311

Emergency housing for women and children fleeing violence in relationships

Azure Place – Delta Transition House
for Women

604-957-1556 | wingshc@azureplace.org

Delta Police Victims Services

604-940-5019

victimservices@deltapolice.ca

Deltassist wraparound services to victims of abuse/assault and their families

604-594-3455 | janiceh@deltassist.com