

Facility Schedule

June 1 - August 31, 2022

Facility is Closed on all Statutory Holidays (Friday July 1 and Monday August 1)

*Registered Programs	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9am- 2:30pm	Mimi's Café	Mimi's Café	Mimi's Café	Mimi's Café	Mimi's Cafe	
7:45am-8:45am		Core Balance & Strength				
8:30am-9:30am	Fun & Fitness					
8:45am-9:45am	Stretch & Strength					
9am-10am			Fun & Fitness		Fun & Fitness	Workout Warriors
9:15am-10:15am			Stretch & Strength			
9am-11am		Walking Club			Walking Club	
9am-3pm						Table Tennis
9am-4pm	Snooker	Snooker	Snooker	Snooker	Snooker	Snooker
9:30am-11:30am	*Watercolour for Beginners					
9:30am-12:30pm		Mah Jong		Mah Jong		
10am-11am	M.I.I.T					
10:15am-11:15am					Custom Fit	M.I.I.T
10am-12pm	Pickleball (Memorial Park)		Pickleball (Memorial Park)	Carpet Bowling	Pickleball (Memorial Park)	Knitting Sisters (1 st & 3 rd) Tap Dance
10:30am-11:30am		Hatha Yoga Chair Yoga	Custom Fit Zumba Gold	Chair Yoga	Line Dance Intermediate	
10:30am-12pm	Tap Dance					
11am-3pm						Card Seep
11:15am-12:15pm	Line Dance Intermediate					
11:30am-1:30pm					Poker	
11:45am-12:45pm			Easy Does It		Line Dance Level 3	
12pm-1pm		*Gentle Yoga				
12pm-2pm		Pickleball Memorial Park				
12:30pm-1:30pm				*Gentle Yoga		
12:30pm-3pm	Card Seep Canasta	Card Seep	Card Seep Cribbage	Card Seep	Card Seep	
12:30pm-3:30pm				Bingo		Bingo
1pm-2pm		*Get Up & Go		*Get Up & Go	Line Dance Level 2	
1pm-4pm		Scrabble			Scrabble	
1:15pm-3:15pm			*Minds In Motion			
1:15pm-3:45pm	Contract Bridge					
1:30pm-3pm		Euchre				
1:30pm-4pm		Contract Bridge		McKee Sisters		
2pm-3pm			Ukulele (Beginner)			
2pm-5pm	Table Tennis					
2:15pm-3:15pm					Line Dance Level 1	
2:30pm-3:30pm	*Osteo Fit				*Osteo Fit	
2:30pm-4:30pm					Book Club (Last Friday)	
3pm-5pm				Pickleball (Memorial Park)		
3:15pm-4:15pm			Ukulele (Intermediate)			
6:15pm-9:30pm			Table Tennis			
6:15pm-9:45pm			Duplicate Bridge			
6:30pm-9:30pm						Contract Bridge

*Registered Programs

All programs are subject to change/for more information, please call McKee Seniors Recreation Centre at 604-946-1411