

Drop-In Gymnasium Schedule

July 4th-Sept 4th, 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Basketball Half Court 6:30-8:30am All Ages	Open Gym 6:30-8:30am All Ages	Open Gym 6:30-8:30am All Ages	Open Gym 6:30-8:30am All Ages	Basketball Half Court 6:30-8:30am All Ages	Basketball Half- Court 9:30am-12pm All Ages	Pickleball 9:00am-11:00am All Ages
Badminton 9:30am-12pm 18+ yrs	Open Gym 2:15-6:30pm All Ages	Adapted Adult Floor Hockey 10:00-1:00pm 18+ yrs		Open Gym 10:00am-12:15pm All Ages		Open Gym 11:15am-1:15pm All Ages
		Open Gym 2:15-5:30pm All Ages	Open Gym 2:15-5pm All Ages		Open Gym 3:30-5pm All Ages	Adapted Open Gym 1:45-3:00pm All Ages
Pickleball 12:15-2:15pm 19+ yrs				Floor Hockey 12:30-2:30pm All Ages		
Open Gym 3:00-5:30pm All Ages	Pickleball 8:30-9:45pm 18+ yrs	Badminton 7:30-9:30pm All Ages	Pickleball 5:15-6:30pm All Ages	Open Gym 3-5:45pm All Ages	Pickleball Drop-in 5:15-6:45pm All Ages	Badminton 4:30-6:30pm All Ages
				Badminton 6-7:30pm All Ages		
Badminton 7:30-9:30pm 16+ yrs			Badminton 8:30-9:45pm 16+ yrs	Volleyball 8:00-9:45pm 13+ yrs	Basketball Half Court 7-9pm 18+ yrs	Badminton 6:45-8:45pm 16+ yrs

Unless stated otherwise, regular drop-in admission rates apply.

- Unsupervised Drop-In Programs Gym equipment will not be provided
- Open Gym A variety of equipment will be provided on a first come first serve basis
- Adapted Adult Floor Hockey Drop in for adults with developmental disabilities only; regular admission rates apply (caregivers or support staff exempt)
- No spectators allowed

Schedule subject to change without notice.

Fitness classes held in the gymnasium can be found under "Facility Schedule".

May I see some ID, Please? It is necessary to show your Facility Admission Card each time you use the facility if you are over 7 years of age and want to access drop-in programs. The card will help us remember your name and keep our facility safe. The cards are issued at our Customer Service Offices.

For online registration and info, please go to www.delta.ca.