
**YOU
MATTER
TO DELTA**

Delta

**YOU ARE NOT
FORGOTTEN.**

**YOU ARE
NOT ALONE.**

YOU MATTER.

Need emergency housing?
Worried about your next meal?
Senior and feeling isolated?
Need help?

This pocket guide provides
information about emergency
supports and community services
in Delta.

*More information on services in Delta
is available at Delta.ca/socialplanning*

CALL 911

- if you have an immediate emergency.

CALL 811

- if you require non-emergency health information.

CALL 211

- if you need information about services or programs in BC.
Help is available 24/7 in multiple languages.



NEED SHELTER FOR TONIGHT?

*There are supports to help you
stay warm and safe.*

NOV 1 TO MAR 31

There are two Extreme Weather Shelters (EWS) in Delta. These shelters are only open during extreme weather alerts.

South Delta EWS

Ladner United Church (4960 48 Ave, Delta)

604-599-8900 – call for space

Public transit (bus): 601 Ladner-Tsawwassen

North Delta EWS

New Hope Church (11838 88 Ave, Delta)

236-427-3895 ext. 3 – call for space

Public transit (bus): 319 Scott Station/
Newton Exchange/Scottsdale

To receive updates when EWS in Delta are open, subscribe to updates from EWRcoordinator@hsa-bc.ca.

If EWS are full or closed, call 2-1-1.



APR 1 TO OCT 31

Call 2-1-1 for a list of open shelters.

Delta



NEED ACCESS TO EMERGENCY HOUSING AND OTHER SUPPORTS?

Want to know about your housing options, rental subsidies and need some immediate assistance?

MOBILE OUTREACH TEAM

☎ 604-765-6751

✉ hylandoutreach@options.bc.ca

AFTER HOURS EMERGENCY SUPPORTS

For recipients of income assistance when local ministry offices are closed (emergency need for food, lodging, and transportation):

4:00pm to 12:30am | 604-660-3194

12:30am to 8:30am | 604-660-4927

Need access to free internet and computers? Visit your local libraries.

North Delta: George Mackie Library
8440 112 St, Delta | 604-594-8155

Ladner: Ladner Pioneer Library
4683 51 St, Delta | 604-946-6215

Tsawwassen: Tsawwassen Library
1321A 56 St, Delta | 604-943-2271

SHELTERS (WOMEN & MEN)

Hyland House Shelter | 604-599-8900
6595 King George Hwy, Surrey

Gateway Shelter | 604-589-7777
10667 135A St, Surrey

Bill Reid Shelter | 604-574-4341
17752 Colebrook Rd, Surrey

Shelters are open year round.

Delta



ARE YOU A SENIOR?

*Feeling lonely, isolated?
Looking for help?*

Call the Seniors Distress Line:

604-872-1234

**Call Seniors Support Coordinator,
City of Delta:** 604-787-1242

**Call the Seniors Services Office,
Deltassist:** 604-946-9526
(Essential Seniors Services)

LIVE IN SOUTH DELTA?

**Call Seniors Community Connector,
KinVillage:** 236-880-4120
(Social Prescribing Program)

LIVE IN NORTH DELTA?

**Call Seniors Community Connector,
DIVERSEcity:** 604-507-2266
(Social Prescribing Program)



BEAT THE HEAT

*Find cooling centres in Delta:
Delta.ca/beattheheat*

PLAN YOUR DAY

Schedule activities in the coolest part of the day and avoid exercising in the heat. If you must go out, wear a hat and sunscreen and take a bottle of water with you.

HOT CARS KILL

Never leave kids, adults, or pets in cars. The temperature inside a parked car can double within minutes.



*For more Beat
the Heat tips*

KEEP COOL

Seek out air-conditioned buildings, close your blinds, use a fan, take cool showers, and dress in light and loose clothing. Even if you don't feel thirsty, drink water.

Delta



NEED ACCESS TO AN EMERGENCY FOOD HAMPER OR FREE MEAL?

Every Wednesday, 8:30am to 11:00am

South Delta Food Bank at Lighthouse Church
5545 Ladner Trunk Road | 604-946-1967

Every second Tuesday, 10:00am to 12:00pm

North Delta Food Bank Depot at
Northside Community Church*
11300 84 Avenue | 604-581-5443

Monday – Friday, 9:00am to 4:30pm

Deltassist: 9097 120 Street | 604-594-3455
Free emergency food bags

Every first and third Sunday, 2:00pm

Crossroads United Church | 778-593-1043
7655 120 Street (free produce hamper)

Every Wednesday, 7:00pm to 8:00pm

New Hope Church | 11838 88 Ave
Drive-through bread program

**Registration is required – call for details.*

There are places in Delta and nearby in Surrey that provide free food meals.

Once a month on Tuesdays

All Saints Anglican Church**

4755 Arthur Drive, Delta | 604-946-8413

Monday – Friday

Guru Nanak Food Bank**

101-15199 68 Ave, Surrey | 604-580-1313

Food hampers and free pre-packaged vegetarian meals

First and third Saturday of the month

7:00am to 10:00pm

Muslim Food Bank* | 1-866-248-3868 ext. 1

104-12941 115 Ave, Surrey (free hamper)

Free Food Cupboards

Nick's Nook open 24/7

New Hope Church | 11838 88 Ave

Northside Church | 11300 84 Ave

**Registration is required - call for details.*

***Call for exact dates and hours of operation.*





USING DRUGS? DO NOT USE ALONE. GET SUPPORTS YOU NEED.

This community cares about you and wants you to stay safe.

Using drugs and have a phone?

Download the Lifeguard app. It can save your life. It will connect to 9-1-1 automatically in the event of a potential overdose.



Need to access safe alternatives to the toxic drug supply? Call 8-1-1 for non-emergency health information.

Little House-Phoenix offers 4 free counselling sessions to Delta residents struggling with substance use disorders and their family members. Call 778-434-3119.

Deltassist provides free counselling to Delta residents using substances and their close family members. Call 604-594-3455.



USING SUBSTANCES? KNOW SOMEBODY WHO DOES? BE PREPARED.

Get Your FREE Naloxone Kit in Delta:

Naloxone, also known as Narcan, is a safe and highly effective medication that reverses the effects of opioid drug poisoning.

You can get it in multiple locations:

**Lookout Mobile Harm Reduction
Outreach Team** | 604-328-7610

South Delta Public Health Unit
1826-4949 Canoe Pass Way | 604-952-3550

North Delta Public Health Unit
11245 84 Ave | 604-507-5400

Deltassist
9097 120 St | 604-594-3455

Little House-Phoenix
5061 12 Ave | 778-434-3119





USING SUBSTANCES? NEED ACCESS TO HARM REDUCTION SUPPLIES?

Mental Health & Substance Use in North Delta
129-6345 120 Street, Delta | 604-592-3700

Mental Health & Substance Use in South Delta
15-1835 56 Street, Delta | 604-948-7010

North Delta Public Health Unit
11245 84 Ave | 604-507-5400
Safe injection kits, sharps disposal,
drug checking and other services.

**Lookout Mobile Harm Reduction
Outreach Team** | 604-328-7610
Drug checking, sharps disposal,
and other services.

Safepoint Supervised Consumption
2-10681 135A St, Surrey | 604-587-7898

Sources Peace Point Overdose Prevention Site
15521 Russell Ave, White Rock - 7 days/week
604-209-3672 | 604-219-4112



NOT FEELING SAFE? BEEN A VICTIM OF CRIME OR ABUSE?

Crisis 24/7 Line

Fraser Health: 604-951-8855 | 1-877-820-7444

Crisis Centre BC: 604-872-3311

1-800-SUICIDE | 1-800-784-2433

Emergency housing for women and children fleeing violence in relationships

Azure Place – Delta Transition House for Women
604-957-1556 | wingshcc@azureplace.org

Delta Police Victims Services

604-940-5019 | victimservices@deltapolice.ca

Kids Help Phone

Youth can call 1-800-668-6868 or text
CONNECT to 686868

Deltassist wraparound services to victims of abuse/assault and their families

604-594-3455 | inquiry@deltassist.com

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*Scan for more information
on services in Delta*



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Supported by the Province of British Columbia

June 2022

zero
100% carbon neutral
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