



**Facility Schedule**

**Sep 1 – Dec 23, 2022**

**Facility is Closed on all Statutory Holidays (Sept 5, 30, Oct 10 & Nov 11)**

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9am- 2pm	Mimi's Café	Mimi's Café	Mimi's Café	Mimi's Café	Mimi's Cafe	
8am-9am		Core Balance & Strength				
8:30am-9:30am	Fun & Fitness					
8:45am-9:45am	Stretch & Strength				Hatha Yoga	
9am-10am			Fun & Fitness		Fun & Fitness	Workout Warriors
9am-11am		Walking Club			Walking Club	
9am-3pm						Table Tennis
9am-4pm	Snooker	Snooker	Snooker	Snooker	Snooker	
9am-3:30pm						Snooker
9:30am-10:30am		Hatha Yoga				
9:30am-11:30am		*Acrylic Art & Watercolour Painting Intermediate				
9:30am-12:30pm		Mah Jong		Mah Jong		
10am-11am	M.I.I.T					
10am-12pm	Pickleball (Mem Park)		Pickleball (Mem Park)	Carpet Bowling	Pickleball (Mem Park)	Knitting Sisters (1 <sup>st</sup> & 3 <sup>rd</sup> )
10am-12pm	*Watercolour Painting for Beginners			*Back to Basics Sep 15-Oct 6 *Photos Oct 20-Nov 10	Movie Time	Tap Dance
10:15am-11:15am			Stretch & Strength		Custom Fit	M.I.I.T
10:30am-11:30am			Zumba Gold	Chair Yoga	Line Dance Intermediate	
10:30am-12pm	Tap Dance					
10:45am-11:45am		*Gentle Yoga				
11am-12pm		*Meditation				
11am-3pm						Card Seep
11:30am-12:30pm	Line Dance Intermediate					
11:30am-1:30pm						
11:45am-12:45pm			Easy Does It		*Line Dance Level 3	
12pm-2pm				Pickleball (Mem Park)		
12:30pm-1:30pm				*Gentle Yoga		
12:30pm-2pm	Ukulele (Beginner)					
12:30pm-3pm	Card Seep	Card Seep	Card Seep	Card Seep	Card Seep	
	Canasta		Canasta			
			Cribbage			
12:30pm-3:30pm				Bingo		Bingo
1pm-2pm		*Get Up & Go		*Get Up & Go	*Line Dance Level 2	
1pm-4pm		Scrabble			Scrabble	
1:15pm-3:15pm						
1:15pm-3:45pm	Contract Bridge					
1:30pm-3pm		Euchre	*Minds In Motion			
1:30pm-4pm		Contract Bridge		McKee Sisters		
2pm-4:15pm			Ukulele (Intermediate)			
2pm-5pm	Table Tennis			Table Tennis		
2:15pm-3:15pm					*Line Dance Level 1	
2:30pm-3:30pm	*Osteo Fit				*Osteo Fit	
2:30pm-4:30pm					Book Club (Last Friday)	
6:15pm-9:30pm						
6:15pm-9:45pm			Duplicate Bridge			
6:30pm-9:30pm						Contract Bridge

**\*Registered Programs**

**McKee Open House Sep 19-23**

**All programs are subject to change/for more information, please call McKee Seniors Recreation Centre at 604-946-1411**