

Facility Schedule

September 6 - December 30, 2022

Facility is Closed on all Statutory Holidays (Sep 5, 30, Oct 10, Nov 11, Dec 26)

	Monday	Tuesday	Wednesday	Thursday	Friday
9am- 1pm	Café Open	Café Open	Café Open	Café Open	Café Open
9am-2pm	Work Shop Open	Workshop Open	Workshop Open	Workshop Open	Workshop Open
9am-4pm	Pool Hall Open	Pool Hall Open		Pool Hall Open	Pool Hall Open
9am-11:45am			Carpet Bowling	Tai Chi 9-10am Oct 13-17	Carpet Bowling
9am-8pm			Pool Hall Open		
9:15am-10am					
9:15am-10:15am		Low Impact			
9:30am-12pm	*Computer Class for Beginners Sep 26-Dec 12		Card Making		*Computer Class for Intermediates
10am-11am					Hatha Yoga <u>Sep 16-Oct 21</u> Chair Yoga Nov 4-Dec 16
10am-11:30am	*Guitar for Beginners Sep 12-Oct 24	Drop in Guitar *IPhones for Beginners Sep 13-Sep 15 (switches to intermediates) Oct 4 & 6	*Hawaiian Dance Sep 14-Nov 2	*IPhones for Beginners Sep 13-Sep 15 (switches to intermediates) Oct 4 & 6	
10:30am-12:30pm			Acrylic Art		
10:30am-11:15am		Fit and Functional		Fit and Functional	
10:30am-11:30am	Zumba Gold				
11am-12pm		Circle of Friends W/Eva 3 rd Tue every month			
11:30am-12:30pm		*Salsa Dance Oct 4-Oct 25			
11:45am-12:45pm	Fit and Active			Simply Stretch	
12pm-4pm				Samba	
12:15pm-1:15pm			Fit and Active		
12pm-3:30pm	Bingo				Bingo
12:15pm-3:45pm			Dealer's Choice		Dealer's Choice
12:30pm-2:30pm		Table Tennis Women's Friendship Group Crafty Ladies	Table Tennis	Table Tennis	
12:45pm-4pm	Canasta				
1pm-3pm		*Beginner Watercolours Sep 13-Oct 18	*Intermediate Watercolours <u>Sep 13-Oct 18</u> *Basic Photography Sep 14-Oct 26	Drop in Watercolour Practice	Jammers
1:15pm-4pm	Pickleball	Pickleball		Pickleball	
1:30pm-3:30pm			*Line Dancing Sep 14-Nov 2	Movie Matinee 3 rd Thu every month	Mahjong 1:30-3:30pm
2pm-4pm			Colouring for Adults		
6:30pm-8:30pm			Tile Games		
6:30pm-8:45pm			Photography interest Group 1 st & 3 rd of the month <u>Cribbage</u> <u>Contract Bridge</u>		
7pm-8pm					

***Registered Programs**

All programs are subject to change/for more information, please call Kennedy Seniors Recreation Centre at 604-594-2717