## Delta Drop-in Fitness Friday April 7, 2023

**Kennedy Seniors Centre NO CLASSES** 

**Sungod Recreation Centre** 

9:15am H.I.IT 10:30am Yoga

**North Delta Recreation Centre NO CLASSES** 

**Ladner Leisure Centre** 

9:15am Step Cardio

Winskill Fitness and Aquatics Centre
NO CLASSES

