Ladner Leisure Centre 4600 Clarence Taylor Crescent Delta, BC V4K 3X3 (604) 946-3310



Facility Schedule

March 13-26, 2023

Public Swim	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public Swim	6am-10pm	6am-9am	6am-9am	6am-9am	6am-10pm	7am-9pm	8am-5pm
		12-4pm	12-4pm	12-4pm	·	•	
		7-10pm	7-10pm	7-10pm			
Length Swim,	6am-10pm	6am-9am	6am-9am	6am-9am	6am-10pm	7am-9pm	8am-5pm
Sauna & Swirl		12-4pm	12-4pm	12-4pm	·	•	
Pool		7-10pm	7-10pm	7-10pm			
Swim Lessons		9-12pm / 4-7pm	9-12pm / 4-7pm	9-12pm / 4-7pm			
Water Walking	12-1pm		12-1pm		12-1pm		
Lane	·		•		•		

All children under the age of 7 must be within arm's reach on an adult (16+yrs) at all times.

(1 adult to a maximum of 3 children) Diving Board, climbing wall& mat walk are open during peak times; programs & other activities permitting

Minimum of 1 lane available during Length Swim

Swim Lessons: No public or length swimming available, pool reserved for lessons only

Aqua Fitness	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am		Power Deep	Rusty Hinges	Power Deep		_	-
		*45min class 7:30-	*60min class	*60min class			
		8:15am	7:30-8:30am	7:30-8:30am			
8:15am		Rusty Hinges					
		*45min class 8:15-					
		9:00am					
8:30am			Power deep	Tidal Toner			
			*60min class	*60min class			
			8:30-9:30am	8:30-9:30am			
9:30am			Tidal Toner	Power Deep			
			*60min class	*60min class			
			9:30-10:30am	9:30-10:30am			