

Facility Schedule

March 27 – April 30, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Length Swim/	7am-11am	7am-11am	7am-11am	7am-11am	7am-11am	8am-12pm	
Water Walking	/3:30pm-7:30pm	/3:30pm-7:30pm	/3:30pm-7:30pm	/3:30pm-7:30pm	/3:30pm-7:30pm		
Aqua	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Fitness Classes	-	-	-	_	-	-	-
7:30am			Rusty Hinges				
8:30am			Power Deep				
9:30am			Tidal Toner				
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