Ladner Outdoor Pool 5105 47 Avenue Delta, BC V4K 4M4 (604) 946-8369



Facility Schedule

May 29 – July 2, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
Public Swim	7:30am-11:30am	8am-12pm	7:30am-11:30am	8am-12pm	7:30am-11:30am	11:30am-7:30pm	12:30pm-7:30pm			
Length Swim/	7:30am-11:30am	8am-12pm	7:30am-11:30am	8am-12pm	7:30am-11:30am					
Water Walking										
Swim Lessons							8:30am-12:30pm			
	All children under the age of 7 must be within arm's reach of an adult (16+ yrs) at all times. (1 adult to maximum of 3 children).									
	Minimum 1 lane available during Length Swim									
İ	Swim Lessons: No public or length swimming available, pool reserved for lessons only									

Aqua Fitness Schedule											
AQUA FITNESS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
7:30am			Rusty Hinges								
8am		Power Deep		Power Deep							
8:30am			Power Deep								
9:00am		Rusty Hinges		Tidal Toner							
9:30am			Tidal Toner								
10am				Power Deep							
				*45min class							
	Limite	ed Main Pool Space will	be available for Public	/Length Swim use duri	ng Aqua Fitness tir	nes					