

## Facility Schedule

May 1 – July 2 2023

Swimming Pool Schedule							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public Swim	5:45am-3:30pm/7:30-10pm	5:45am-3:30pm/7:30-10pm	5:45am-3:30pm/7:30-10pm	5:45am-3:30pm/7:30-10pm	5:45am-10pm	7-8am/12:30-9pm	7-8am/12:30-9pm
Length Swim, Sauna & Swirl Pool	5:45am-3:30pm/7:30-10pm	5:45am-3:30pm/7:30-10pm	5:45am-3:30pm/7:30-10pm	5:45am-3:30pm/7:30-10pm	5:45am-10pm	7-8am/12:30-9pm	7-8am/12:30-9pm
Swim Lessons with Public/Length Swims		10:30am-12pm	10:30am-12pm	10:30am-12pm			3-7pm
Swim Lessons	3:30pm – 7:30pm	3:30pm – 7:30pm	3:30pm – 7:30pm	3:30pm – 7:30pm		8am – 12:30pm	8am – 12:30pm
Moonlight Swim		9-10pm		9-10pm			
All children under the age of 7 must be within arm’s reach of an adult (16+ yrs) at all times. (1 adult to maximum of 3 children). Pool Space, Diving Boards, Rope Drop, Inflatable or Mat Walk open during peak times; programs & other activities permitting. Minimum 1 lane available during Length Swim <b>Swim Lessons: No public or length swimming available, pool reserved for lessons only, unless specified above</b>							

Aqua Fitness Schedule							
AQUA FITNESS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8am	Power Deep		Power Deep		Rusty Hinges		
8:15am							
8:30am							
9:30am	Tidal Toner		Tidal Toner		Power Deep		
11am	Power Deep						
Limited Main Pool Space will be available for Public/Length Swim use during Aqua Fitness times							

Weight Room Schedule							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room	6am -10pm	6am -10pm	6am -10pm	6am -10pm	6am -9pm	8am-5:30pm	8am-7:30pm
Weight Room operational hours are different than the Swimming Pool operational hours							

**Swim Meet June 10 & 11 – Pool Chamber closed to all public. Weight Room and Fitness Studio will remain open**