

Delta

December
2023

Kennedy Seniors Society
Fifty+
it
un &
fabulous

11760-88 Avenue
Delta, BC V4C 3C5
Telephone 604-594-2717

CENTRE HOURS

Mon/Tue/Thu/Fri/Sat ~ 9am-4pm
Wed ~ 9am-9pm

CUSTOMER SERVICE

Mon/Tue/Thu/Fri ~ 9am-3:45pm
Wed ~ 9am-8:15pm
Sat ~ 9am-1:30pm

See pg 2 for Holiday Hours

***Note:** Hours may vary. If you are planning a special trip to purchase items, please call ahead.*

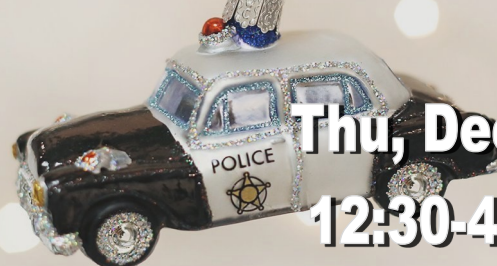
Did you know Kennedy is now open on Saturdays?
Our customer service desk is open 9am-1:30pm and offers access to register for programs, purchase tickets, book bus trips and more!

Have a question, suggestion or comment for the monthly newsletter? We'd like to hear from you!

Please contact us at kennedy@delta.ca

KENNEDY SENIORS RECREATION CENTRE Recreation for 50+

Community Learning Program with
Delta Police Recruits



Thu, Dec 21
12:30-4pm

We are honoured to have been chosen by the
Delta Police Department to host new recruits at
Kennedy Seniors Recreation Centre.

Invite a friend, and join us for a day of community connections; some of the activities will include:

- * A party in the café, featuring light refreshments and seasonal treats.
- * Free Drop-in Programs: Carpet Bowling, Table Tennis, Pickleball, Samba, Acrylic Arts, Holiday Movie, and more.

This is a unique opportunity to interact with Delta Police Recruits, ask questions and support their community engagement. We hope to see you there!

Event ID: 34506

Sunrise Seniors' Choir Concert



Saturday, December 2 – 1:30-3:30pm

Centre News

A Message from Your Board of Directors

PROGRAMS

We are now open Saturdays for expanded programming with great success.

Check the newsletter and the onsite bulletin boards to discover ongoing daily programs/activities as well as upcoming social events and bus trips.

We encourage all members to submit ideas for activities to the Board for consideration as we have some open time slots and areas to fill.

CAFÉ IS OPEN!!

Please visit us and enjoy lunch or a casual snack and coffee with friends. Say hello to Roxanne and John in the kitchen! The Café also takes debit cards and credit cards so there is no need to bring cash!

Hot meals are now served on Mondays and Wednesdays.

Your Board of Directors has done a terrific job in reopening Kennedy and the centre is, with the invaluable assistance of the City of Delta support staff, running smoothly once again.

And, to all members, a very Happy Holiday season! Enjoy our December socials and the festive season.

Goodwill to all of you and your families over Christmas and Happy New Year to all.

On behalf of the Board of Directors,

Rick Stonehouse
President

Note: Kennedy Seniors Society is not responsible for personal belongings or valuables left at the centre. Please take your belongings home with you.

KENNEDY SENIORS SOCIETY Board of Directors 2023-2024

President	Rick Stonehouse
Vice-President	John Kennedy
Secretary	Linda Remedios
Treasurer	Rita Chaplinsky
Instructional Programs	Bob Gestrin
Drop-in Programs	Peter Williams
Socials	Judy Smith
Director at Large	Share Forde
Volunteers & Customer Service	Linda Christoforou
Director of Travel & Marketing	Dave Quick

Kennedy Holiday Hours

Sun	24-Dec	Closed
Mon	25-Dec	Closed
Tue	26-Dec	Closed
Wed	27-Dec	Regular hours, 9am-9pm
Thu	28-Dec	Regular hours, 9am-4pm
Fri	29-Dec	Regular hours, 9am-4pm
Sat	30-Dec	Regular hours, 9am-4pm
Sun	31-Dec	Closed
Mon	1-Jan	Closed
Tue	2-Jan	Regular hours, 9am-4pm
Wed	3-Jan	Regular hours, 9am-9pm
Thu	4-Jan	Regular hours, 9am-4pm
Fri	5-Jan	Regular hours, 9am-4pm
Sat	6-Jan	Regular hours, 9am-4pm



KENNEDY FEES 2023

12-month Annual Membership	\$25.00
12-month Gold Membership (age 90+)	FREE
20-Activity Punch Passes	\$7.00
50-Activity Punch Passes	\$17.50
Activity Single Admission	\$0.35
Guest Pass—One week	\$5.00

Centre News

Dear Members,

A big thank you to our wonderful elves who have helped transform our centre into such a festive sight.

We have some great holiday activities planned for you. Take in the special Christmas concert on Saturday, December 2, featuring the Sunrise Seniors Choir, our very own Jammers group, and a fun Karaoke Sing-a-long experience led by Kennedy's Gail Hall. We are also featuring two classic Christmas movie matinees this month with light refreshments to enjoy.

Come one, come all to the Community Learning Program with Delta Police Recruits on Thursday, December 21. We are pleased to be hosting several recruits here at Kennedy and they will be joining in on some of the Society activities. The afternoon (including the PARTY) is free! We invite you to come and enjoy some fun with our future Delta Police Officers.

In this time of giving, please remember we have a sock drive, and also a food drive, with special boxes set up in the lobby to collect these goods.

We have many Instructional Programs starting up in January. Please check out the activities on page 11, and be sure to sign up early at the front desk.

'Tis the season to celebrate friendships and connections we've made throughout the year! Our warmest wishes to you,

Jan Talaber
Seniors Centre Coordinator

Please note:

If you see snowflakes falling, please call Kennedy to confirm that your program is still running before you come in.

We would like to remind all of our members that for the health and safety of others, please stay home if you are feeling unwell.

City of Delta Staff



Seniors Community Services

Supervisor

Lisa Porter

Senior Centre Coordinator

Jan Talaber

Volunteer & Customer

Service Coordinator

Katie Green

Recreation Programmer

Troy Dy

Custodian Attendant

Alec Lonsdale

Customer Service Office

Jaime-Leigh, Jas,
Kourtney



ENCOURAGEMENT IN AN ENVELOPE

The City of Delta is continuing to mail cards and letters to seniors through this ongoing program.

Encouragement in an Envelope is courtesy of a \$25,000 federal grant from the New Horizons for Seniors program.

If you know someone who may be isolated and would enjoy a card, monthly newsletter or mid-month Brain Games, please let them know about this wonderful **FREE** program. To register please call Katie Green at 604-595-8407.

Delta Seniors Bus

The Delta Seniors Bus service is a free curbside service within Delta, for Delta residents 65+. The central booking line is



open Monday to Friday, 9am to 4pm. Bookings can be made up to one week in advance. Medical appointments receive priority booking. The City of Delta provides transportation service to local clinics. All rides are subject to availability.

For more information or to book a ride call the central booking line: **604-597-4876**

Delta Seniors Bus Staff

Drivers & Dispatch: Amrinder, Bev, Dwight, Gary, George, Jim, Karen, Lynn and Pamela

Centre News

Sock Drive is on NOW!

The Crafty Ladies are having a sock drive until January 16, 2024. We are looking for donations of men's and women's **brand new** socks. (Dark colours are best.) The socks will be donated on January 24 to a local mission that helps people in need.

Winter is here and the need is great. Please help. There is a collection box is set up in our front lobby. Thank you!

The Crafty Ladies

On October 23, we donated 200 toques, 100 pairs of warm socks, 50 pairs of mitts and gloves, and 40 scarves, as well as assorted toothbrushes and tooth paste. The donations went to Night Shift Street Ministries to give to the homeless. Winter is coming and the need for warm clothing is great.

On October 26 we also delivered 450 toddler hats to Deltassist for their hampers. Thank you to all the ladies that made this possible.

Wishing you a very Merry Christmas and a Happy and Healthy New Year,

Lil Jones

FREE Christmas Wrapping

Wed, Dec 6 & Thu, Dec 14 9:30am-12pm

If you love buying presents, but hate fighting with the wrapping paper, we have a deal for you! We are offering free gift wrapping to Kennedy members on these two dates. Please book your date through the Customer Service Desk. Boxes to place gifts in are not included.

Dec 6 Event ID: 34670

Dec 14 Event ID: 34672

I can't get to the chocolates in my
advent calendar.

Foiled again.

Registration

Online Registration

Kennedy Seniors Society has moved to a new computer software system for memberships and online registration. If you haven't already, please come to the front desk to set up your account and get your new card. Visit Delta.ca/Registration to register online.



Registration for City of Delta & Kennedy Seniors' Society Activities

To register for a City of Delta Fitness program at Kennedy Seniors Recreation Centre please contact one of the following:

- Online: cityofdelta.perfectmind.com
- By phone: Delta Registration line 604-952-3000. Please see page 11 for Delta programs.

For Kennedy Seniors Society programs, clubs, events or workshops:

- By phone: 604-594-2717
- You can also register in person at Kennedy Seniors Recreation Centre: Mon/Tue/Thu/Fri 9am-3:45pm
Wed 9am-8:15pm
Sat 9am-1:30pm
- For general inquiries for Kennedy activities please email kennedy@delta.ca or call 604-594-2717.

What do you call the fear of being
trapped in a chimney?

CLAUSTrophobia.

Kennedy Volunteers & Members

Volunteer of the Month



Meet Linda!

Delta has been my home for 48 years, during which, I was employed by Delta School district for 16 years before retirement.

I decided to join Kennedy Senior Centre afterwards and discovered a friendly, pleasant environment, with plenty of activities to keep busy. I personally enjoy playing table tennis, as well as attending the fitness and card making classes. For the past six years, I have had the pleasure of being an elected board member. You can find me at the centre on most days, attending to board business as the secretary, helping to set up special events or lending a hand where needed, and being the organizer for table tennis.

When I am not at the centre, I enjoy sewing, cooking and baking, I am always happy to try out new recipes, if you have a favourite one you would like to share, I would be thrilled to try it!

Benefits of Volunteering

Did you know volunteering builds strong communities? When you volunteer, you make connections with other volunteers to tackle challenges in your community. Even helping out with a small task can make a big difference in the lives of others.

Kennedy Volunteer Stats:

During the month of November, Kennedy volunteers generously donated 948 hours of their valuable time.

Volunteers Needed:

We are looking for Volunteers: Social events, Coffee Cart volunteer and Greeters for a variety of shifts. For more information on volunteer opportunities please contact Linda Christofou, the Director of Volunteers and Customer Service, through our Customer Service Desk.

For more information on other volunteer opportunities, please contact Linda Christoforou, Director of Volunteers & Customer Service, through our Customer Service Desk.



Thank you to the Kennedy Members who proudly volunteered at the Remembrance Day Ceremony.

Workshops

Shift Your Mindset Webinar with Meera Phull Tue, Dec 5 10-11:30am Lounge

Join us for this special event. Therapist and mental health expert Meera Phull will explain how you can shift your mindset and improve your wellbeing.

When we're mentally well, we're more able to live our lives meaningfully, experience positive emotions, have good relationships, maintain our resilience and feel able to cope with the stress in our lives.

Light refreshments are provided.

Event ID: 27057

Choose to Move Info Session Wed, Jan 17 10:30-11:30am Lounge

Sign up now for this free and flexible program which provides you with the motivation and support to become more active. Choose to Move can help you to integrate activity into your daily routine, meet new friends, and make a positive change! Choose to Move is great for older adults who want to become active, regardless of ability.

We are currently only accepting applicants who have never attended the Choose to Move program before. Members who have previously completed the Choose to Move program may waitlist for the ActivAge program (**Event ID: 32761**) and will be notified when space is available. Please reach out to the front desk for more information.

Event ID: 33828



Crime Stoppers Presentation on Elder Abuse Mon, Jan 22 10:30-11:30am Café

Educate and protect yourself from elder abuse. Metro Vancouver Crime Stoppers wants seniors to know that they are not alone and have resources available to them. This month's presentation will be about physical, emotional, and psychological abuse.

Event ID: 32991

UVIC Chronic Pain Self-Management Thu, Jan 25 1:30-4pm Café

This is a FREE four-day Leader Training Workshop for the Chronic Conditions Self-management program.

The University of Victoria delivers Self-Management Programs for persons living with chronic health conditions in communities across BC. These evidence-based programs are led by trained volunteers, and we are currently looking for people to lead these programs. Training and support will be provided. If you are interested in becoming a leader and helping others to live a healthier, happier life, then this training opportunity may be for you.

Event ID: 32226



Happy Holidays!



Socials

Sunrise Seniors Choir/Karaoke Sing-a-Long Sat, Dec 2 1:30-3:30pm Main Hall

Kennedy Seniors Society is pleased to host a Christmas concert featuring the Sunrise Seniors Choir. The choir, dedicated to bringing joy and music to as many people as possible, was formed over 30 years ago and has performed at seniors residences, fundraisers, multicultural events, schools and Surrey City Hall. The choir director is the energetic and talented Maureen Edwards.

Then join Gail Hall from Kennedy's Music Wellness program, for a family Christmas Karaoke-style sing-a-long.

The event is by donation, with all proceeds going to the local food bank. Light refreshments served.

Afternoon Holiday Movies in December

Join us in the café for a festive holiday movie! Light refreshments provided. All Kennedy members are welcome to join! Please preregister at our Customer Service Desk or by calling 604-594-2717.

Thu, Dec 14 1:30pm Café
Event ID: 32741

Thu, Dec 21 1:30pm Café
Event ID: 32742

Watch the bulletin boards to find out our feature films! You know them and you love them.

**The only thing I got for Christmas is a
pack of sticky playing cards.**

I'm finding it very hard to deal with.

Christmas/Holiday Luncheon

Tue, Dec 19 12-2pm Main Hall

Enjoy a delightful Luncheon with a live mimings, followed by John Parsons, a one-man band playing familiar tunes and singing some Christmas songs.

Sold Out

Black & White & Bling Sat, Jan 6

Doors open 4:45pm
Dinner Service 5:15pm
Dance: 7-9pm

Celebrate the New Year at this semi-formal dinner and dance. Enjoy a four-course meal, including appetizer, garden salad, chicken cordon bleu, potatoes, seasonal vegetables and a delectable dessert. Then dance the night away to the live music of Sweet Max.

Tickets go on sale Fri, Dec 1 at 10am
Cost: Members \$30 / Guests: \$35
Event ID: 32737

Deck the Halls!

Thu, Nov 30

10am-12pm

Embrace the spirit of the season! Join us for this event and be part of the magic that transforms Kennedy into a holiday wonderland. Calling all festive elves! Lend a hand and add a touch of excitement at the centre, please sign up at the Customer Service Desk. There'll be an eggnog and shortbread break for those helping out!

Event ID: 34364



UnDeck the Halls!

Tue, Jan 2

9:30am

A great big thank you to all our elves for their help making Kennedy look so festive for the holidays, but all good things do come to an end—until next time! Calling all elves who have an hour of time to help us take the decorations down and pack them up. Please sign up at the Customer Service Desk and thank you to all our Christmas decorating volunteers.

Travel



CHRISTMAS LIGHT TOURS

Christmas Lights Tour

Wed, Dec 6 & Wed, Dec 13 5-7pm

Take a tour of the beautiful Christmas lights in Delta, then enjoy a mug of hot chocolate at Kennedy.

The bus will leave Kennedy at 5pm and return at 7pm.

Cost: \$10

Event ID: Dec 6 31058

Event ID: Dec 13 31060

Note: you must be a member of Kennedy Seniors Society to participate in bus trips.

Special Events

Community Learning Program with Delta Police Recruits

Thu, Dec 21

12:30-4pm

We are honoured to be chosen by the Delta Police Department to host new Police recruits at Kennedy Seniors Recreation Centre.

Invite a friend, and join us for an afternoon of community connections; some of the activities will include:

- * A party in Café Eighty-Ate, featuring light refreshments and seasonal treats.
- * Free Drop-in Programs: Carpet Bowling, Table Tennis, Pickleball, Samba, Acrylic Arts, Holiday Movie, and more.

This is a unique opportunity to interact with Delta Police Recruits, ask questions and support their community engagement.

We hope to see you there!

Event ID: 34506 (Café party)
Pre-registration is encouraged



SENIORS SERVICES

Digital Literacy Programs

Cyber Safety

Tuesday, December 12

12:30-1:30pm Event ID: 32781

1:30-2:30pm Event ID: 32783

iPad Basics

Tuesday, December 19

12:30-1:30pm Event ID: 32888

1:30-2:30pm Event ID: 32890

Kennedy Seniors Recreation Centre
11760 88 Avenue, Delta, BC V4C 3C5

The City of Delta, in partnership with Kennedy Seniors Society and funded by the Government of Canada's New Horizons for Seniors Program, is proud to provide a slate of Digital Literacy Programs to Delta's Seniors Recreation Centres.



Funded by the
Government of Canada's
New Horizons for Seniors Program

Canada Delta

Wellness

Holiday Health Tips for Seniors

The holidays are often a time to gather and celebrate with family and friends. Food can be a big part of the holiday season, providing enjoyment, comfort and connection. Preparing, sharing, and savouring traditional dishes and meals supports our social, mental, and spiritual well-being.



The holidays can also be an opportunity to build new food traditions. Modifying old recipes or adding new dishes to a traditional meal, helps make sure that everyone at the table has enjoyable options from which to choose.

Here are some ideas for adding new healthful foods to your holiday table:

Serve a new vegetable or fruit side dish. Try:

- Roasted vegetables like squash, beets and Brussels sprouts;
- Winter green salads using kale or collards;
- Stewed fruit or fruit compotes using dried, fresh or frozen fruit.

Include dishes that feature plant proteins. Some ideas include:

- Shepherd's pie with lentils and mushrooms
- White bean and walnut meatloaf
- Peppered tofu steaks

If you're interested in modifying your classic holiday recipes to make them healthier, here are some ideas to get started:

- Use herbs and spices to add extra flavour instead of salt.
- Try no-sodium or low-sodium broth for gravies, sauces and soups.
- Rinse canned beans, chickpeas, lentils and vegetables before using. Or use no-sodium or lower-sodium versions.
- Make baked goods such as cookies, cakes and quick breads using ½ of the sugar in the recipe.
- Consider using vegetable oil or non-hydrogenated margarine instead of butter or lard in your cooking and baking.
- Replace some of the white flour in a recipe with whole-grain flour.
- Add some ground flaxseed, ground nuts or nut flour to your baked goods.
- Use milk, low-fat evaporated milk or low-fat plain yogurt in place of cream and sour cream.

No matter what's on your holiday table or plate, take the time to practice mindful eating. Eat slowly and savour the aromas, flavours and textures of your food.

For more information about holiday eating, visit Canada's Food Guide [Healthy eating for holidays](#). To learn more, visit Canada's Food Guide [Adjusting recipes to meet your needs](#).

Delta's Seniors Support Coordinator

Delta's Seniors Support Coordinator helps connect people 50+ to services and resources in the larger community, including:

- ♦ Wellness
- ♦ Healthcare
- ♦ Housing Options
- ♦ Family & Caregiver Support
- ♦ Government Services & Benefits

Office Hours: Tue-Thu, 8:30am-4pm. To book an appointment call 604-787-1242 or email ebusich-veloso@delta.ca.



Kennedy Drop-in Programs

Program	Day	Time
Canasta	Mon	12:30-4pm
Snooker	Mon/Tue/Thu/Fri/Sat Wed	9am-4pm 9am-8:45pm
Woodshop	Mon-Sat	9am-2pm
Ceramics	Mon Sat	1-3pm 10am-12pm
Bingo	Mon/Fri	12:15-3:30pm
Pickleball	Mon/Tue/Thu Wed Sat	1:15-4pm 6:30-8:30pm 12:30-3:45pm
Guitar	Tue Wed	10-11:30am 7-8:30pm
Crafty Ladies	Tue Fri	12-3pm 9-11:30am
Women's Friends Group	Tue	12:30-2:30pm
Table Tennis	Tue/Thu Wed Sat	12:30-2:30pm 1:30-3:30pm 9am-12pm
Euchre	Tue	1:15-3:15pm
Contract Bridge	Wed	1:15-4:15pm
Card Making	Wed	9:30am-12pm
Acrylic Art	Wed	10am-12pm
Line Dancing Open Level	Wed	1:30-3:00pm
Tile Games	Wed Sat	6:30-8:30pm 10am-12pm
Cribbage	Wed	6:30-8:30pm
Photography Interest Group	Wed, Jan 17	6:30-8:45pm
Carpet Bowling	Wed/Fri	9-11:45am
Dealer's Choice	Wed/Fri	12-3:30pm
Samba	Thu	12:30-4pm
Acrylic & Watercolor	Thu Sat	1-3pm
Jammers	Fri	1-3pm
Mahjong	Fri	1:15-3:30pm
Scrabble	Sat	1-3pm

See an activity that tweaks your interest? Come try it out!

All of these activities are drop-in style, and our group conveners will welcome you.

A 20-Activity Punch Pass for drop-ins is only \$7. It's a great way to try something new!

Pickleball

Pickleball is fun, social and friendly. It's a paddle sport with origins in table tennis, badminton and tennis, and it's easy for beginners to learn. At Kennedy, we welcome players from all levels to any of our sessions. If you are new to the sport, there are several videos on YouTube to introduce you to the rules. A good pair of gym shoes is highly recommended. We have extra paddles for those who are just starting out.

Line Dancing Wed

This drop-in session offers practice time for folks to keep their line dancing skills fresh. There is no formal instruction provided, and it is open to all levels

What do you call an old snowman?

Water

How does King Wenceslas like his pizza?

Deep pan, crisp and even.

I have an uncanny ability to predict what's inside a wrapped present.

It's a gift.

A Sneak Peak at Winter 2024 Instructional Programs

Program	Day	Time	Dates	Cost	Event ID
Computers for All Levels	Mon	9:30am-12pm	Jan 8- Mar 11	\$45	31150
Music Wellness	Mon	9:30-11:15am	Jan 8 – Feb 12	\$30	31167
Watercolor Painting	Tue	1-3pm	Jan 9 – Feb 13	\$60	31162
Hawaiian Dance for Intermediate	Wed	10am-12pm	Jan 10 – Feb 21	\$50	31158
Choose to Move	Wed	9:30-10:30am	Jan 31-Mar 27		32761
iPhone Instruction	Wed	1-2:30pm	Jan 10 – Feb 14	\$45	31152
Computers for All Levels	Fri	9:30am-12pm	Jan 12 – Mar 15	\$50	31151
Chair Yoga	Fri	10-11am	Feb 9 - Mar 8	\$25	31166
Photography Class	Sat	10am-12pm	Jan 13 & 20	\$20	32321

Please register for new programs at the Customer Service Desk at least one week before classes begin.

Acrylic Art: Everyone can paint. This fun and social class will develop your abilities in acrylic medium. All levels welcome.

Computers for All Levels: This course is for Microsoft NOT Apple/Mac. Learn computer basics and the potential of the internet, filing documents, backing up data, saving photos, and useful programs like Word. Other possible subject include emailing, downloading music, and security. Suggested subjects and questions are welcome. No experience necessary. Participants must bring their own laptops.

Chair Yoga: A blended yoga course that includes both standing and sitting (on a chair) yoga. Focus on flexibility, enriched breathing, fun and relaxation.

Hawaiian Dance for Intermediates: Dance and exercise to music from Polynesia. Previous Hawaiian Dance experience is recommended for this class.

iPhone Instruction: Familiarize yourself with the wealth of features available on your cell phone to make life easier. iPhone required. Both a beginner and intermediate class are offered.

Music Wellness: Do you enjoy singing for health and happiness! This program is for you! Bring your favourite song choices, your playful spirit, your toes for tapping and love of singing. Get healthy making joyful noise with your instructor.

Photography Class: Learn tips and tricks to take better photographs. Learn about ways to improve your photography experience and what you can do with your images afterwards. It's all about taking pictures, whether you use a cell phone, point and shoot, or DSLR.

Watercolor Painting: If you want to learn or improve on the wonders of watercolour painting, now is your chance. Supply lists are available at the Customer Service desk at Kennedy Seniors Recreation Centre.

Choose to Move: Choose to Move is great for older adults who want to become active, regardless of ability. You must attend the information session described on page 6 in order to register.

Delta Parks & Recreation 50+ Focused Drop-in Fitness @ Kennedy

	Monday	Tuesday	Wednesday	Thursday	<p>This schedule is effective until December 15.</p> <p>The holiday schedule will be available online and at Kennedy's Customer Service Office on December 4.</p>
9:15-10:15am		Fit & Active		Fit & Active	
10:30-11:15am		Fit & Functional		Fit & Functional	
10:30-11:30am	®Zumba Gold				
11:45am-12:45pm	Fit & Active			Simply Stretch	
12:15-1:15pm			Fit & Active		
5:15-6:15pm			®Zumba		

Fees subject to Delta rates. Schedule subject to change.

December 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Café Eighty-Ate is open Monday to Friday 9am-1pm Serving hot on food on Mondays and Wednesdays while supplies last.				30 Deck the Halls	1	2 Christmas Concert
3	4	5 Mindset Webinar	6 Christmas <u>Wrapping</u> Bus Trip	7	8	9
10	11	12	13 Bus Trip	14 Christmas <u>Wrapping</u> Movie	15	16
17	18	19 Holiday Luncheon	20	21 Delta Police Recruits Movie	22	23
24	25 Christmas Day Centre Closed	26 Boxing Day Centre Closed	27	28	29	30 31

In the Community

Delta Cultural Services:

Keep informed and up to date about Cultural Services in the City of Delta. Receive information regarding programs and events at the North Delta Centre for the Arts, Douglas J. Husband Discovery Centre and Tsawwassen Arts Centre. Visit the Customer Service Desk and complete the sign-up form.

You can also visit [Delta.ca/CulturalServices](https://delta.ca/CulturalServices) and explore some of the drop-in programs and workshops scheduled at:

Douglas J. Husband Discovery Centre
4450 Clarence Taylor Crescent
Ladner **604-952-3836**

