

Facility Schedule

Jan 8 - Mar 17, 2024

| PUBLIC SWIM | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|----------|----------|-----------|------------|-----------|-------------|------------|
| Public Swim | 6am-10pm | 6am-10pm | 6am-10pm | 6am-10pm | 6am-9pm | 8am-5:30pm | 8am-7:30pm |
| Length Swim, Sauna & Swirl Pool | 6am-10pm | 6am-10pm | 6am-10pm | 6am – 10pm | 6am – 9pm | 8am-5:30pm | 8am-7:30pm |
| Water Walking Lane (1 lane available) | 7:30-9am | 7:30-9am | 6-8am | 7:30-9am | 7:30-9am | | |
| Super Slide Inflatable | | | | | | 3:30-4:30pm | |
| Moonlight Swim | | 9-10pm | | 9-10pm | | | |
| TGIF Family Fun Night | | | | | 7-8:30pm | | |

All children under the age of 7 must be within arm's reach of an adult (16+ yrs) at all times. (1 adult to maximum of 3 children).

Pool Space, Diving Boards, Rope Drop, Inflatable or Mat Walk open during peak times; programs & other activities permitting.

Minimum 1 lane available during Length Swim

| AQUA FITNESS | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--------------|-------------|------------|-------------|----------|--------|----------|--------|
| 7:30am | | | | | | | |
| 8:15am | | | | | | | |
| 8:30am | Power Deep | | Tidal Toner | | | | |
| 9:00am | | | | | | | |
| 9:30am | Tidal Toner | | Power Deep | | | | |
| 10:00am | | | | | | | |
| 1pm | | Gentle Fit | Gentle Fit | | | | |

Limited Main Pool Space will be available for Public/Length Swim use during Aqua Fitness times

| Weight Room Schedule | | | | | | | | |
|--|-----------|-----------|-----------|-----------|----------|------------|------------|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | |
| Weight Room | 6am -10pm | 6am -10pm | 6am -10pm | 6am -10pm | 6am -9pm | 8am-5:30pm | 8am-7:30pm | |
| Weight Room operational hours are different than the Swimming Pool operational hours | | | | | | | | |