

## CALL 911

- if you have an immediate emergency.

## CALL 811

- if you require non-emergency health information.

## CALL 211

- if you need information about services or programs in BC. Help is available 24/7 in multiple languages.

**YOU ARE NOT FORGOTTEN.**

**YOU ARE NOT ALONE.**

**YOU MATTER.**

Need emergency housing?  
Worried about your next meal?  
Senior and feeling isolated?  
Need help?

This poster provides information about emergency supports and community services in Delta.

*More information on services in Delta is available at [Delta.ca/socialplanning](http://Delta.ca/socialplanning)*



## NEED SHELTER FOR TONIGHT?

*There are supports to help you stay warm and safe.*

### APR 1 TO OCT 31

*Call 2-1-1 for a list of open shelters.*

### NOV 1 TO MAR 31

There are two Extreme Weather Shelters (EWS) in Delta. These shelters are only open during extreme weather alerts.

#### South Delta EWS

Ladner United Church  
(4960 48 Ave, Delta)  
604-599-8900 – call for space  
Public transit (bus):  
601 Ladner-Tsawwassen

#### North Delta EWS

New Hope Church  
(11838 88 Ave, Delta)  
236-427-3895 ext. 3 – call for space  
Public transit (bus):  
319 Scott Station/  
Newton Exchange/Scottsdale



## NEED ACCESS TO EMERGENCY HOUSING AND OTHER SUPPORTS?

*Want to know about your housing options, rental subsidies and need some immediate assistance?*

### MOBILE OUTREACH TEAM

- ☎ 604-765-6751
- ✉ [hylandoutreach@options.bc.ca](mailto:hylandoutreach@options.bc.ca)

### AFTER HOURS EMERGENCY SUPPORTS

For recipients of income assistance when local ministry offices are closed (emergency need for food, lodging, and transportation):

4:00pm to 12:30am | 604-660-3194  
12:30am to 8:30am | 604-660-4927

*Need access to free internet and computers? Visit your local libraries.*

**North Delta:** George Mackie Library  
8440 112 St, Delta | 604-594-8155

**Ladner:** Ladner Pioneer Library  
4683 51 St, Delta | 604-946-6215

**Tsawwassen:** Tsawwassen Library  
1321A 56 St, Delta | 604-943-2271

### SHELTERS (WOMEN & MEN)

Hyland House Shelter  
604-599-8900  
6595 King George Hwy, Surrey

Gateway Shelter | 604-589-7777  
10667 135A St, Surrey

Bill Reid Shelter | 604-574-4341  
17752 Colebrook Rd, Surrey

*Shelters are open year round.*

# YOU MATTER TO DELTA



### BEAT THE HEAT

*Find cooling centres in Delta:  
[Delta.ca/beattheheat](http://Delta.ca/beattheheat)*

### PLAN YOUR DAY

Schedule activities in the coolest part of the day and avoid exercising in the heat. If you must go out, wear a hat and sunscreen and take a bottle of water with you.

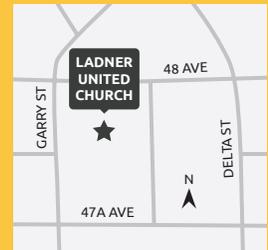
### HOT CARS KILL

Never leave kids, adults, or pets in cars. The temperature inside a parked car can double within minutes.

### KEEP COOL

Seek out air-conditioned buildings, close your blinds, use a fan, take cool showers, and dress in light and loose clothing. Even if you don't feel thirsty, drink water.

*For more Beat the Heat tips*



To receive updates when EWS in Delta are open, subscribe to updates from [EWRcoordinator@hsa-bc.ca](mailto:EWRcoordinator@hsa-bc.ca).

*If EWS are full or closed, call 2-1-1.*



### ARE YOU A SENIOR?

*Feeling lonely, isolated?  
Looking for help?*

**Call the Seniors Distress Line:**  
604-872-1234

**Call Seniors Support Coordinator, City of Delta:** 604-787-1242

**Call the Seniors Services Office, Deltassist:** 604-946-9526  
(Essential Seniors Services)

### LIVE IN SOUTH DELTA?

**Call Seniors Community Connector, KinVillage:**  
236-880-4120  
(Social Prescribing Program)

### LIVE IN NORTH DELTA?

**Call Seniors Community Connector, DIVERSEcity:** 604-507-2266  
(Social Prescribing Program)



## NEED ACCESS TO AN EMERGENCY FOOD HAMPER OR FREE MEAL?

**Every Wednesday, 8:30am to 11:00am**

South Delta Food Bank at Lighthouse Church  
5545 Ladner Trunk Road  
604-946-1967

**Every second Tuesday, 10:00am to 12:00pm**

North Delta Food Bank Depot at Northside Community Church\*  
11300 84 Avenue | 604-581-5443

**Monday – Friday, 9:00am to 4:30pm**

Deltassist: 9097 120 Street  
604-594-3455  
Free emergency food bags

**Every first and third Sunday, 2:00pm**

Crossroads United Church  
778-593-1043 | 7655 120 Street  
(Free produce hamper)

**Every Wednesday, 7:00pm to 8:00pm**

New Hope Church  
11838 88 Ave  
Drive-through bread program

*There are places in Delta and nearby in Surrey that provide free food meals.*

**Once a month, on Tuesdays**

All Saints Anglican Church\*\*  
4755 Arthur Drive, Delta  
604-946-8413

**Monday – Friday**

Guru Nanak Food Bank\*\*  
101-15199 68 Ave, Surrey  
604-580-1313  
Food hampers and free pre-packaged vegetarian meals

**First and third Saturday of the month 7:00am to 10:00pm**

Muslim Food Bank\*  
1-866-248-3868 ext. 1  
104-12941 115 Ave, Surrey (free hamper)

**Free Food Cupboards Nick's Nook open 24/7**

New Hope Church | 11838 88 Ave  
Northside Church | 11300 84 Ave

*\*Registration is required - call for details.*

*\*\*Call for exact dates and hours of operation.*

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# YOU MATTER TO DELTA



## NOT FEELING SAFE? BEEN A VICTIM OF CRIME OR ABUSE?

### Crisis 24/7 Line

Fraser Health: 604-951-8855  
1-877-820-7444

Crisis Centre BC: 604-872-3311  
1-800-SUICIDE | 1-800-784-2433

### Emergency housing for women and children fleeing violence in relationships

Azure Place – Delta Transition House for Women | 604-957-1556  
[wingshc@azureplace.org](mailto:wingshc@azureplace.org)

Delta Police Victims Services  
604-940-5019  
[victimservices@deltapolice.ca](mailto:victimservices@deltapolice.ca)

### Kids Help Phone

Youth can call 1-800-668-6868 or text CONNECT to 686868

### Deltassist wraparound services to victims of abuse/assault and their families

604-594-3455  
[inquiry@deltassist.com](mailto:inquiry@deltassist.com)



## USING DRUGS? DO NOT USE ALONE. GET SUPPORTS YOU NEED.

Using drugs and have a phone? Download the Lifeguard app. It can save your life. It will connect to 9-1-1 automatically in the event of a potential overdose.



**Need to access safe alternatives to the toxic drug supply?** Call 8-1-1 for non-emergency health information.

**Little House-Phoenix** offers 4 free counselling sessions to Delta residents struggling with substance use disorders and their family members. Call 778-434-3119.

**Deltassist** provides free counselling to Delta residents using substances and their close family members. Call 604-594-3455.



## USING SUBSTANCES? KNOW SOMEBODY WHO DOES?

### Get Your FREE Naloxone Kit in Delta:

Naloxone, also known as Narcan, is a safe and highly effective medication that reverses the effects of opioid drug poisoning.

*You can get it in multiple locations:*

**Lookout Mobile Harm Reduction Outreach Team** | 604-328-7610

**South Delta Public Health Unit**  
1826-4949 Canoe Pass Way  
604-952-3550

**North Delta Public Health Unit**  
11245 84 Ave | 604-507-5400

**Deltassist**  
9097 120 St | 604-594-3455

**Little House-Phoenix**  
5061 12 Ave | 778-434-3119

## USING SUBSTANCES? NEED ACCESS TO HARM REDUCTION SUPPLIES?

**Mental Health & Substance Use in North Delta** | 604-592-3700  
129-6345 120 Street, Delta

**Mental Health & Substance Use in South Delta** | 604-948-7010  
15-1835 56 Street, Delta

**North Delta Public Health Unit**  
604-507-5400 | 11245 84 Ave  
Safe injection kits, sharps disposal, drug checking and other services.

**Lookout Mobile Harm Reduction Outreach Team** | 604-328-7610  
Drug checking, sharps disposal, and other services.

**Safepoint Supervised Consumption** | 604-587-7898  
2-10681 135A St, Surrey

**Sources Peace Point Overdose Prevention Site** | 7 days/week  
15521 Russell Ave, White Rock  
604-209-3672 | 604-219-4112

Scan for more information on services in Delta



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