

Facility Schedule

Mar 18 – 31, 2024

| PUBLIC SWIM | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|--|----------|---|---------------------|------------|----------------------|------------|------------|
| Public Swim | 6am-10pm | 6am-10pm | 6am-10pm | 6am-10pm | 6am-9pm | 8am-5:30pm | 8am-7:30pm |
| Length Swim, Sauna & Swirl Pool | 6am-10pm | 6am-10pm | 6am-10pm | 6am – 10pm | 6am – 9pm | 8am-5:30pm | 8am-7:30pm |
| Water Walking Lane (1 lane available) | 6-9am | 6-9am | 6-9am | 6-9am | 6-9am | | |
| Moonlight Swim | | 9-10pm | | 9-10pm | | | |
| TGIF Family Fun Night | | | | | 7-8:30pm | | |
| | | e age of 7 must be wit oards, Rope Drop, Inf M i | latable or Mat Walk | | nes; programs & othe | | , |
| AQUA FITNESS | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 7:30am | | | | | | | |
| 8:15am | | | | | | | |

| AQUA FITNESS | wonday | Tuesday | weanesday | Thursday | Friday | Saturday | Sunday |
|--|-------------|------------|------------|----------|--------|----------|--------|
| 7:30am | | | | | | | |
| 8:15am | | | | | | | |
| 8:30am | Power Deep | | | | | | |
| 9:00am | | | | | | | |
| 9:30am | Tidal Toner | | | | | | |
| 10:00am | | | | | | | |
| 1pm | | Gentle Fit | Gentle Fit | | | | |
| Limited Main Pool Space will be available for Public/Length Swim use during Aqua Fitness times | | | | | | | |

| Weight Room Schedule | | | | | | | | | |
|--|-----------|-----------|-----------|-----------|----------|------------|------------|--|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | |
| Weight Room | 6am -10pm | 6am -10pm | 6am -10pm | 6am -10pm | 6am -9pm | 8am-5:30pm | 8am-7:30pm | | |
| Weight Room operational hours are different than the Swimming Pool operational hours | | | | | | | | | |