

## Monday, June 3

### **Café Eighty-Ate**

**9am - 1pm**

Enjoy sandwiches, soup and a variety of baked goods.

### **Pet Therapy Visit**

This is a great opportunity to bring about smiles and laughter. Please pre-register.

**Event ID: 44303**

### **Heart to Home Meals Information Table**

**10am - 1pm**

Come in and see what Heart to Home Meals service has to offer.

### **Delta Heritage Society**

**10am - 1pm**

Come visit the Delta Heritage Society display and learn all about the history of Delta.

### **Fortis BC Information Booth**

**10am - 1pm**

Learn energy saving tips, play some interactive games and win prizes!

### **50<sup>th</sup> Anniversary BBQ and Cake Cutting**

**11am - 1pm**

Celebrate Kennedy with a burger and fries! See the front desk for tickets.

### **Delta Senior Bus/Senior Support**

**Coordinator/ Emergency Preparedness**

Visit the information table in the Lobby all week.

## Tuesday, June 4

### **Café Eighty-Ate**

**9am - 1pm**

Enjoy sandwiches, soup and a variety of baked goods. **Lunch Special:** Jumbo hot dogs, while supplies last.

### **Delta Senior Support Coordinator Display**

**9am - 4pm**

Come in with your questions regarding support or community services.

### **Understanding Behavior with Dementia**

**10 - 11:30am**

Join us for a presentation by the ASBC. Explore various changes in behavior caused by dementia. Pre-registration is required.

**Event ID: 37875**

### **Delta Fitness Information Table**

**10am - 12pm**

Come by and speak with Delta fitness staff about the fitness programs Delta has to offer. The table will be in the Lobby until Friday.

### **North Delta Lawn Bowling Club**

**12:30 - 2:30pm**

Learn all about the game of Lawn Bowling by visiting the display booth.

### **Delta Seniors Bus / Emergency Preparedness**

Visit the information table in the Lobby all week.

**Raffle Tickets and Door Prizes every day!**

## Wednesday, June 5

### **Café Eighty-Ate**

**9am - 1pm**

Enjoy sandwiches, soup and a variety of baked goods. **Lunch Special:** Beef Dip, while supplies last.

### **Mobile Hearing Testing**

**9am - 3pm**

Book your free hearing test with Surrey Hearing Care.

**Event ID: 43964**

### **Delta Fitness Information Table**

**10am - 12pm**

### **UVIC Institute on Aging & Lifelong Health Information Table**

**10am - 1pm**

The Institute on Aging and Lifelong Health is committed improving the health and quality of life of individuals living with Diabetes and Chronic Pain.

### **North Delta Lawn Bowling Club**

**12:30pm - 2:30pm**

Come visit the North Delta Lawn bowlers and get a basic introduction to the game outside on the greens!

### **Delta Seniors Bus / Seniors Support Coordinator / Emergency Preparedness**

Visit the information table in the Lobby all week.

**Don't Forget the Daily Door Prizes!**

## Thursday, June 6

### Café Eighty-Ate

9am - 1pm

Enjoy sandwiches, soup and a variety of baked goods. **Lunch Special:** Chicken Pot Pie, while supplies last.

### Coffee with a Cop "Fraud and Scams"

9:30 - 10:30

Enjoy a coffee with Constable Joe De Silva and learn how to protect yourself from frauds and scams. Please pre-register.

**Event ID: 48072**

### Delta Fitness Information table

10am - 12pm

### ICBC Display Booth

10am -12pm

Bring in your questions! Learn valuable driving tips to keep you safer on the road.

### Deltassist Information Table

10am - 1pm

Deltassist can connect you with a host of seniors orientated services in the community.

### 50<sup>th</sup> Anniversary Sock Hop

1:30 - 3pm

Come enjoy the music of the 50's and 60's with Greg Hampton! Ice cream treats will be served. **Event ID: 44976**

### Delta Senior Bus/Senior Support

**Coordinator/ Emergency Preparedness**

Visit the information table in the Lobby all week.

## Friday, June 7

### Café Eight-Ate

9am - 1pm

Enjoy sandwiches, soup and a variety of baked goods. **Lunch Special:** BBQ Ribette Sandwich, while supplies last.

### Delta Fitness Information table

10am - 12pm

### Fraser Valley Regional Library Info Booth

10am - 12pm

Come and visit the information booth to see what services your Library can offer you.

### Delta Lifeline Ice Cream Aloha Social

12:00 - 1:30pm

Lifeline is Canada's leading medical alert service, dedicated to getting expert help in an emergency. There will be music, ice cream treats and prizes!



### Delta Senior Bus/Senior Support

**Coordinator/ Emergency Preparedness**

Visit the information table in the Lobby all week.

**Daily door prizes, enter for your chance to win!**



## Kennedy Seniors Recreation Centre

11760 88 Avenue, Delta

604-594-2717



**Free Drop-in Programs,  
Presentations &  
Workshops**

**Win Prizes All Week Long!**