

# DROP-IN FITNESS SCHEDULE SUMMER 2024



**North Delta Recreation Centre:**  
11415 84 Avenue, Delta, BC V4C 2L9, North Delta

**Effective Date:**  
July 1 - September 1, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Zumba Fitness® 7:00pm-8:00pm		Zumba Fitness® 7:00pm-8:00pm			*45 minute  Modified Schedule July 1 August 5