

Facility Schedule

Sept 23 – Dec 22, 2024

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public & Length Swim, Sauna, Swirl	6am-10pm				6am-9pm	8am-5:30pm	8am-7:30pm
Water Walking Lane	6am-7:45am	9am-11am	6am-7:45am	7:30am-1pm	7:30am-9am		
Moonlight Swim		9pm-10pm		9pm-10pm			
TGIF Family Fun Night					7-8:30pm		

1 lane or more available dependent on available space during Public and Length Swims

All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children)

Diving Boards are open during peak times; programs & other activities permitting.

AQUA FITNESS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am	Power Deep	Power Deep					
8:15am	Tidal Toner	Tidal Toner	Tidal Toner		Rusty Hinges		
9:30am			Power Deep				
1:00pm			Rusty Hinges	Rusty Hinges			

Shallow water classes maximum capacity of 60 people. Deep water classes maximum capacity of 25 people

WEIGHT ROOM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room	6am-10pm				6am-9pm	8am-5:30pm	8am-7:30pm
Attendant	Weight room attendant available during majority of weight room hours.						

Schedules are subject to change without notice