

DROP-IN FITNESS SCHEDULE FALL 2024



North Delta Recreation Centre:
11415 84 Avenue, Delta, BC V4C 2L9, North Delta

Effective Date:
September 2- December 20, 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Zumba Fitness® 7:00pm-8:00pm		Zumba Fitness® 7:00pm-8:00pm			*45 minute Modified Schedule September 2 and 30 October 14 November 11