

Facility Schedule

Mar 17 -30, 2025

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public & Length Swim, Sauna, Swirl		6am-10pm				6am-9pm	8am-5:30pm	8am-7:30pm
Water Walking Lane		6am-8am / 9:45-12pm	6am-8am	6am-8am	6am-8am	6am-8am / 9:45-12pm		
Moonlight Swim			9pm-10pm		9pm-10pm			
TGIF Family Fun Night						7-8:30pm		
1 lane or more available dependent on available space during Public and Length Swims All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children) Diving Boards are open during peak times; programs & other activities permitting.								
AQUA FITNESS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am								
7:30am		Power Deep	Power Deep		Power Deep	Power Deep		
8:15am				Tidal Toner				
8:45am		Tidal Toner	Tidal Toner		Tidal Toner	Rusty Hinges		
9:30am				Power Deep				
Shallow water classes maximum capacity of 20 people for Spring Break. Deep water classes maximum capacity of 25 people								
WEIGHT ROOM		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room		6am-10pm				6am-9pm	8am-5:30pm	8am-7:30pm
Attendant		Weight room attendant available during majority of weight room hours.						

Schedules are subject to change without notice