

Facility Schedule

Mar 17 - 30, 2025

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public & Length Swim, Sauna, Swirl		6am -10pm					7am-9pm	8am-9pm
Water Walking Lane		11am – 12pm				11am – 12pm		
TGIF Family Fun Night						7pm-8:30pm		
<p>1 lane or more available dependent on available space during Public and Length Swims All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children) Diving Board and Rock Wall are open during peak times; programs & other activities permitting.</p>								
AQUA FITNESS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am		Power Deep		Power Deep				
8:00am			Power Deep					
8:30am		Tidal Toner		Tidal Toner				
10:30am						Power Deep		
Shallow water classes maximum capacity of 25 people. Deep water classes maximum capacity of 15 people								
WEIGHT ROOM		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room		6am-10pm					7am-9pm	8am-9pm
Attendant		Weight room attendant available during majority of weight room hours.						

Schedules are subject to change without notice