

## Facility Schedule

**May 5 - June 15, 2025**

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public & Length Swim, Sauna, Swirl		6am -10pm					7am-9pm	8am-9pm
Water Walking Lane		11am – 12pm		11am – 12pm		11am – 12pm		
TGIF Family Fun Night						7pm-8:30pm		
Sensory Friendly Swims							2 <sup>nd</sup> Saturday of every month 6-7pm	
1 lane or more available dependent on available space during Public and Length Swims All children under the age of 7 must be within arm’s reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children) Diving Board and Rock Wall are open during peak times; programs & other activities permitting.								
AQUA FITNESS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am		Power Deep*		Power Deep	Power Deep*			
8:30am				Tidal Toner				
10:45am			Power Deep			Power Deep		
11:30am					Rusty Hinges			
Shallow water classes maximum capacity of 25 people. Deep water classes maximum capacity of 15 people Classes with an Asterix* are 45mins								
WEIGHT ROOM		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room		6am-10pm					7am-9pm	8am-9pm
Attendant		Weight room attendant available during majority of weight room hours.						

**Schedules are subject to change without notice**

**MAINTENANCE CLOSURE – JUNE 16 – 29, 2025**