

## **BGC PROGRESS REPORT – CITY OF DELTA**

### **JANUARY TO DECEMBER 2024**

#### **1. Summary of actions and achievements for the reporting period:**

##### **Club Services**

During 2024, we offered after-school social-recreational programs for school-aged children five days a week during the school year at our three locations in Delta. The Clubs were open on school Pro-D days and during school breaks to accommodate the community's need for additional services. In addition to our after-school programming, the three Clubs offered a variety of preteen and teen programs both after school and in the evening, providing a safe space during critical hours where youth can be with their peers, connect with positive adult role models, and receive support.

**Locations:** Hillside (North Delta), Winskill (Tsawwassen), and Wintemute (Ladner)

**Participants:** Children and youth aged 6-18 living in Delta

##### **Family Resource Centres**

Over the course of the year, we ran Family Resource Centres drop-in programs, offering parents and their children under 6 years of age developmentally appropriate and stimulating programs. These activities also provide important opportunities for new parents and caregivers to meet and connect with neighbours and peers while their children play in a safe setting.

**Locations:** North Delta and Ladner

**Participants:** Children under 6 years of age and their parents/caregivers living in Delta

##### **Options**

Options, a diversion program designed for Delta Police to make referrals to Annex Youth Counselling, also ran throughout 2024. The goal of the program is to support youth who are first time offenders or offenders of minor crime to give back to the community, make amends and gain the support of a youth counsellor. Using a restorative justice approach, our counsellors supported the youth as they met with their victims and determine suitable consequences for actions.

**Locations:** Counsellors were based at the Annex in North Delta, and travelled to other areas of Delta to meet with youth

**Participants:** At-risk youth living in Delta

## Outcomes

Each of our services, whether it is designed to deliver social-recreational, prevention, intervention, or developmental programs, are designed to achieve the following specific outcomes, many of which reflect the priorities of the Delta Council:

- **Positive Relationships** ~ Children/youth have enhanced connection to community, interpersonal skills, sense of belonging, and acceptance of self and others.
- **Healthy Living** ~ Children/youth make healthy choices about nutrition and physical activity, and have increased positive outlook and resilience.
- **Lifelong Learning** ~ Children/youth experience educational success, develop curiosity and creative expressions, and learn how to challenge themselves and achieve goals.
- **Leadership** ~ Children/youth learn how to be leaders and have a positive influence on others, building skills for cooperation, self-regulation, confidence, and taking initiative.

The long-term impacts will be children, youth, and families engaged in positive, constructive activity, improved family relationships, reduced financial hardship, and safer and healthier communities as a result.

BGC has a systematic annual process for evaluation that includes tracking participant numbers and program participation. Anecdotal reports from staff, participants, volunteers, and other stakeholders provide further evidence of the success of our programs and assist in identifying ways to modify them to ensure they remain relevant. BGC is also engaged in a multi-year Learning & Impact Project with other Clubs across the country to measure the intended impacts of our programming and activities in four areas: positive relationships, healthy living, lifelong learning, and leadership. The project involves both surveys and in-depth interviews of Club members.

## 2. Statistics

Service	Location	2023-2024 Numbers	2024-2025 Targets
<b>CLUB SERVICES</b> Social	Hillside Club 11339 84 <sup>th</sup> Avenue North Delta	Annual Club Membership: 209 Average Daily Attendance: 30 Annual Participant Hours: 29,378	Annual Club Membership: 170 Average Daily Attendance: 39 Annual Participant Hours: 35,000

development programs for children and youth aged 6-18	Winskill Club 5555 9 <sup>th</sup> Avenue Tsawwassen	Annual Club Membership: 127 Average Daily Attendance: 39 Annual Participant Hours: 24,436	Annual Club Membership: 123 Average Daily Attendance: 46 Annual Participant Hours: 30,000
	Wintemute Club 4727 Arthur Drive Ladner	Annual Club Membership: 159 Average Daily Attendance: 31 Annual Participant Hours: 20,365	Annual Club Membership: 132 Average Daily Attendance: 37 Annual Participant Hours: 25,000
	Preteen/Teen Programs Hillside, Winskill, and Wintemute Clubs	Total Participants: 240 Average Attendance: 7 Annual Participant Hours: 1,890 (included in Club Services above)	Total Participants: 260 Average Attendance: 10 Annual Participant Hours: 2,700 (included in Club Services above)

Service	Location	2024 Numbers	2025 Targets
<b>FAMILY RESOURCE CENTRES</b>  Support for parents and children aged 0-6	<b>North Delta FRC Gibson's Elementary 11451 90<sup>th</sup> Avenue Delta</b>	Total Families Served: 436 Average Weekly Contacts: • 42 parents/caregivers • 51 children Annual Participant Hours: 660	Total Families Served: 400 Average Weekly Contacts: • 45 parents/caregivers • 55 children Annual Participant Hours: 700
	<b>Ladner FRC Ladner Early Childhood Hub #205-5000 Bridge Street Ladner</b>	Total Families Served: 528 Average Weekly Contacts: • 46 parents/caregivers • 57 children Annual Participant Hours: 731	Total Families Served: 500 Average Weekly Contacts: • 50 parents/caregivers • 63 children Annual Participant Hours: 800
<b>OPTIONS</b>  Early intervention for youth at risk	<b>Options Annex at the Hillside Club 11339 84<sup>th</sup> Avenue North Delta</b>	Annually: 3 referred youth Annual Participant Hours: 36	Annually: 5 referred youth Annual Participant Hours: 55

### **3. Applying an Equity, Diversity, and Inclusion (EDI) lens**

- *Please describe and/or provide stats about how your services benefited diverse populations, including racialized and immigrant residents; if possible, include a number of immigrant and racialized residents served through this funding.*

In order to ensure that we have the right approach with DEI programming, BGC has engaged local experts like Baukau Consulting (<https://www.bakauconsulting.com>), Nahanee Creative (<https://decolonizeeverything.org>), and Heather McCain (<https://connectwithlets.org>) to facilitate training and workshop opportunities for staff at all levels (including front line staff). As an

organization, we have committed to having some of our staff complete Bakau's Inclusive Facilitation Certificate, allowing us to bring some of these skills in-house while working with external experts. As it stands, our dedicated work in introducing mandatory and annual staff training rooted in anti-oppression is one of the first projects that Bakau Consulting has seen where a client has embedded their learnings/unlearnings into their policies, procedures, and practices so completely. This takes our DEI work and commitment to a deeper level, ensuring that the efforts we make now will be a permanent and integral part of BGC's work and outlook.

We serve many diverse populations in our clubs and counselling centres, and equity, diversity, and inclusion topics are deeply important to our organization. Recently, we took the important step of updating our formal name to BGC South Coast BC, replacing the gender-specific 'Boys and Girls Clubs', which was deemed to no longer be inclusive or reflective of the kids and families that we serve. We've already been—and will continue to be—successful in leading diversity-specific programming with kids and adults, including: Black History Month, anti-bullying, LGBTQ2S+, and cultural development.

BGC South Coast BC is committed to diversity, equity and inclusion and like all programs within the agency, The Annex Counselling program does not discriminate. Like all Annex programs, Options is designed with cultural awareness and empathy. The Options program supports youth to explore their religion, ethnicity or spirituality as a means of making amends to the community and/or victim. When youth identify as indigenous and are interested, Indigenous practices of healing and justice are implemented.

Additionally, BGC South Coast BC's national organization, BGC Canada, works with its member clubs by offering DEI assessment tools to develop work plans and tracking to define local needs and training to enhance EDI practices across the country.

Numbers of immigrant and racialized participants are as follows:

SPECIAL POPULATION	CLUBS	COUNSELLING				TOTALS
		SUS	Youth	Family	EY	
Individuals who speak English as a second language	721	6	9	8	115	859
Individuals who are New Canadians	363	4	10	4	31	412
Individuals who are Indigenous	45	25	14	2	9	95
Individuals who are Black	24	10	4	0	17	55
Individuals who are People of Colour	225	48	52	26	123	474

#### **4. Emerging challenges, needs, and trends**

- *Please describe some challenges you faced this year relevant to the services funded by the City.*
- *Please briefly describe the emerging services' needs and community trends you are observing in Delta.*

Fundraising is always a challenge, particularly in times like the present with inflation and political uncertainty, as well as donors and funders finding that they have decreasing discretionary funds to distribute.

Our infrastructure is also aging, with physical club buildings requiring more in the way of repairs and renovations to meet the needs of our members.

On the counseling side, the Delta Police—due to staffing changes—are less aware of our Options counselling program and aren't utilizing it to its capacity. Our aim for 2025 is to have Annex staff and Delta Police liaison officers meet again, for Annex staff to share about the Options program and ultimately to see a dramatic rise in referrals. The goal of the program is to support all Delta youth who have engaged in criminal activity and are qualified to partake in a diversion program.

One of the biggest trends we have seen in our Family Resource Centre and our Early Years counselling program is that are parents of infants and young children are needing to go back to work earlier than anticipated due to the high cost of living. With that earlier back-to-work entry, this has decreased the number of attendees overall. We are highly marketed in the Delta area, and lots of programs like Strong Start and libraries are so aware of our programs that we drive most of our referrals from there. Word of mouth is perhaps the biggest driver of our programs with families who attend, and they undoubtedly know other families and share our resources.

To prepare for emerging challenges, BGC released a strategic framework earlier this year. In this framework, we have five main impact goals:

Prevention – Grow BGC's unique recreational care club model

Intervention – Provide robust vision/mission-aligned government-funded counselling and employment programs

Collaboration – Create strong pathways into our programs and services through promotion, partnership, and collaboration, with specific focus on engagement with Indigenous youth.

People – Cultivate an equitable and transparent workplace where staff feel their work is impactful and valued

Funding – Focus all BGC's diverse revenue generation strategies on long-term sustainability

As for members and the challenges they face, we serve a high proportion of kids who can be considered multi-barriered, and whose families face difficulties like poverty, food insecurity, unstable living conditions, and limited access to social recreational activities. Many of our club members come from single parent families, or are immigrants or refugees, living in households where English is a second language and often not spoken at home. In addition, approximately 40% of the youth in our counselling programs have experienced some sort of homelessness.

## **5. Additional Notes**

- *Please describe any other information and statistics you would like to share.*

Our latest annual report and audited financial statements are attached.

## **6. Request for next year**

To support the programs described above, we request continuation of the funding from the City of Delta in the amount of \$113,000. We propose to allocate the funding as follows:

• <b>Club Services:</b>	<b>\$90,500</b>
- Hillside Club:	\$35,000
- Winskill Club:	\$25,500
- Wintemute Club:	\$30,000
• <b>Family Resource Centres:</b>	<b>\$12,500</b>
• <b>Options:</b>	<b>\$10,000</b>
<b>TOTAL:</b>	<b>\$113,000</b>