

Facility Schedule

December 22 – December 28, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Public & Length Swim, Steam, Sauna, Swirl	6am-10pm	6am-10pm	6am-4pm	CLOSED	8am-4pm	7am-9pm	8am-9pm	
	1 lane or more available dependent on available space							
Water Walking Lane	6-9am & 8:30-10pm		6-9am	CLOSED	8-9am			
All abildues worden								

All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children)

Diving Boards are open during peak times; programs & other activities permitting.

AQUA FITNESS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:15am	Power Deep	Power Deep	Power Deep				
9:30am	Tidal Toner	Tidal Toner	Tidal Toner				

Shallow water classes maximum capacity of 60 people. Deep water classes maximum capacity of 25 people.

Challew water classes maximum capacity of 66 people. Deep water classes maximum capacity of 26 people.									
WEIGHT ROOM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Weight Room	6am-10pm	6am-10pm	6am-4pm	CLOSED	8am-4pm	7am-9pm	8am-9pm		
Attendant		Weight room attendant available during majority of weight room hours.							

May I see some ID, please? It is necessary to show your Facility Admission Card each time you use the facility if you are over 7 years of age and want to access drop-in programs.

The card will help us remember your name and keep our facilities safe. The cards are issued at our Customer Service Offices.

Schedules are subject to change without notice