

# DROP-IN FITNESS SCHEDULE SUMMER 2026

**Effective Date:** June 29 - September 6, 2026

**Location:** North Delta Recreation Centre

**Address:** 11415 84 Avenue, Delta, BC V4C 2L9



**Modified Schedule:** July 1 and August 3

**Schedules are subject to change without notice.**

Learn more at [delta.ca/Fitness](https://delta.ca/Fitness) or scan the QR code.



# ZUMBA®

**TUESDAYS & THURSDAYS**

**7:00 - 8:00 pm**