Ladner Leisure Centre
4600 Clarence Taylor Cres
Delta, BC V4K 3X3
604-946-3310

# Facility Schedule

## June 29 – Sept 6, 2026

| | | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|---|---|---|---|---|---|---|---|---|
| Public & Length Swim, Sauna, Swirl | | 6am -10pm | | | | | 7am-9pm | 8am-9pm |
| Water Walking Lane | | 12:45pm-1:45pm | | 12:45pm-1:45pm | | 12:45pm-1:45pm | | |
| TGIF Family Fun Night | | | | | | 7pm-8:30pm | | |
| Sensory Friendly Swims | | | | | | | 2nd Saturday of every month 6-7pm | |
| 1 lane or more available dependent on available space during Public and Length Swims<br>All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children)<br>Diving Board and Rock Wall are open during peak times; programs & other activities permitting. | | | | | | | | |
| **AQUA FITNESS** | | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| 7:30am | | | | Deep Water | | | | |
| 8:00am | | | Deep Water<br>No Class August 25th | | Deep Water | Deep Water<br>No class Aug 28 | | |
| 8:30am | | | | Shallow Water | | | | |
| 9:00am | | | | | | Shallow Water<br>No class Aug 28 | | |
| 1:00pm | | Gentle Shallow Water<br>No Class August 24th | Shallow Water<br>No Class August 25th | | | | | |
| Shallow water classes maximum capacity of 25 people. Deep water classes maximum capacity of 15 people | | | | | | | | |
| **WEIGHT ROOM** | | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| Weight Room | | 6am-10pm | | | | | 7am-9pm | 8am-9pm |
| Attendant | | Weight room attendant available during majority of weight room hours. | | | | | | |

**Schedules are subject to change without notice**