Winskill Aquatic & Fitness Centre
5575 9th Avenue
Delta, BC V4M 1W1
604-952-3005

Delta

Facility Schedule
Oct 19 – Nov 8, 2026

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public & Length Swim, Sauna, Swirl		6am-10pm				6am-9pm	8am-5:30pm	8am-7:30pm
Water Walking Lane		6am-8:30am / 9:45am-12pm	6am-9am / 10:15am-12pm	6am-12pm	6am-8:45am / 10am-12pm	6am-12pm		
Moonlight Swim			9pm-10pm		9pm-10pm			
TGIF Family Fun Night						7pm-8:30pm		
Sensory Friendly Swims								6:30pm-7:30pm 1st Sunday of every month
Youth Night *pool and weight room open*						9pm-10:30pm Oct 2,16 Nov 6,20 Dec 4,18		
Super Slide *(dive tank not available)*							4-5pm	
1 lane or more available dependent on available space during Public and Length Swims All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children) Diving Boards are open during peak times; programs & other activities permitting.								
AQUA FITNESS		**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
7:30am		Deep Water						
8:00am			Deep Water					
8:45am		Shallow Water						
9:00am					Shallow Water Oct 22, 29 & Nov 5			
9:15am			Shallow Water					
Shallow water classes maximum capacity of 60 people. Deep water classes maximum capacity of 25 people								
WEIGHT ROOM		**Monday**	**Tuesday**	**Wednesday**	**Thursday**	**Friday**	**Saturday**	**Sunday**
Weight Room		6am-10pm				6am-9pm	8am-5:30pm	8am-7:30pm
Attendant		Weight room attendant available during majority of weight room hours.						

Schedules are subject to change without notice