

Drop-In Gymnasium Schedule

Mar 28 – July 3, 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Basketball Half Court 6:30-8:30am All Ages	Open Gym 6:30-8:30am All Ages	Open Gym 6:30-8:30am All Ages	Open Gym 6:30-8:30am All Ages	Basketball Half Court 6:30-8:30am All Ages		Pickleball 9:00am-11:00am All Ages
Badminton 9:30am-12pm 19+ yrs	Open Gym 5:15-6:30pm All Ages May 3: 13-18 yrs. only	Adapted Adult Floor Hockey 10:00-12:45pm 19+ yrs	Open Gym 2:15-5pm All Ages May 5: 13-18 yrs. only	Sport Zone Interactive 10:00am-12pm 1-5yrs	Basketball 8:30-10am All Ages Apr 2, 16, May 21, Jun 18, 25, Jul 2 only	Open Gym 11:15am-1pm All Ages
Pickleball 12:15-2:45pm 19+ yrs		Badminton 1-2:45pm All Ages				Adapted Open Gym 1:30-3pm All Ages
		Open Gym 3:00-5:30pm All Ages May 4: 13-18 yrs. only		Pickleball 12:30-2:30pm All Ages	Open Gym 10:15-12pm All Ages Apr 2, 16, May 21, Jun 18, 25, Jul 2 only	
Open Gym 3:00-5:30pm All Ages May 2: 13-18 yrs. only	Pickleball 8:30-9:45pm 19+ yrs	Badminton 7:30-9:30pm All Ages pre-reserved	Pickleball 5:15-6:30pm All Ages	Open Gym 3-5:30pm All Ages May 6: 13-18 yrs. only		Pickleball 5:15-6:45pm All Ages
Badminton 7:30-9:30pm 16+ yrs pre-reserved			Badminton 8:30-9:45pm 16+ yrs pre-reserved	Badminton 6-7:30pm All Ages pre-reserved		Badminton 6:45-8:45pm 16+ yrs pre-reserved
				Volleyball 8:00-9:30pm 13+ yrs pre-reserved	Basketball Half Court 7-9pm 18+ yrs	

Unless stated otherwise, regular **drop-in admission rates** apply.

- Unsupervised Drop-In Programs – Gym equipment **will not be provided**
- Open Gym – A variety of equipment will be provided on a first come first serve basis
- Adapted Adult Floor Hockey/Adapted Adult Badminton – Drop in for adults with developmental disabilities only; regular admission rates apply (caregivers or support staff exempt)
- Evening drop-in programs – Wristbands will be sold 30 minutes prior to start time
- No spectators allowed
- During Youth Week May 1-7 Open Gym afterschool will be open to Youth 13-18 years only
- New **pre-reserved** time slots allow online or over the phone reservations to secure a drop in spot

Schedule subject to change without notice.

Fitness classes held in the gymnasium can be found under "Facility Schedule".

May I see some ID, Please? It is necessary to show your Facility Admission Card each time you use the facility if you are over 7 years of age and want to access drop-in programs. The card will help us remember your name and keep our facility safe. The cards are issued at our Customer Service Offices.

For online registration and info, please go to www.delta.ca.