

Facility Schedule

Oct 9 – Dec 22, 2023

PUBLIC SWIM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public Swim	6am-10pm	6am-10pm	6am-10pm	6am-10pm	6am-9pm	8am-5:30pm	8am-7:30pm
Length Swim, Sauna & Swirl Pool	6am-10pm	6am-10pm	6am-10pm	6am – 10pm	6am – 9pm	8am-5:30pm	8am-7:30pm
Water Walking Lane (1 lane available)	7:30-9am	7:30-9am	6-9am	7:30-8:15am	7:30-9am		
Moonlight Swim		9-10pm		9-10pm			
TGIF Family Fun Night					7-8:30pm		

All children under the age of 7 must be within arm's reach of an adult (16+ yrs) at all times. (1 adult to maximum of 3 children).
 Pool Space, Diving Boards, Rope Drop, Inflatable or Mat Walk open during peak times; programs & other activities permitting.

Minimum 1 lane available during Length Swim

AQUA FITNESS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am							
8:15am							
8:30am	Power Deep						
9:00am		Power Deep		Power Deep			
9:30am	Tidal Toner						
10:00am		Tidal Toner					
1pm		Gentle Fit	Gentle Fit				

Limited Main Pool Space will be available for Public/Length Swim use during Aqua Fitness times

Weight Room Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room	6am -10pm	6am -10pm	6am -10pm	6am -10pm	6am -9pm	8am-5:30pm	8am-7:30pm

Weight Room operational hours are different than the Swimming Pool operational hours