

Facility Schedule

Sept 11 – Oct 8, 2023

PUBLIC SWIM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public Swim	6am-3:30pm/7-10pm	6am-10pm	6am-3:30pm/7-10pm	6am-10pm	6am-10pm	8am-9pm	7-8am/9:30am-9pm
Length Swim, Sauna & Swirl Pool	6am-3:30pm/7-10pm (6-7:30am – 3 lanes) (7:30-9:30am – 5 lanes) (9:30-10:30am- 1 lane) (10:30-3:30pm – 4 lanes) (7-7:30pm – 1 lane) (7:30-10pm – 4 lanes)	6am-10pm (6-7:30am- 2 lanes) (7:30-8:15am– 5 lanes) (8:15-9am– 1 lane) (9am- 3:30pm- 4 lanes) (3:30-9pm- 1 lane) (9-10pm – 4 lanes)	6am-3:30pm/7-10pm (6-8:30am- 3 lanes) (8:30-9:30am – 1 lane) (9:30-3:30pm- 4 lanes) (7-7:30pm- 1 lane) (7:30-8:30pm- 2 lanes) (8:30-10pm- 4 lanes)	6am – 10pm (6-7:30am- 2 lanes) (7:30-8:30am– 5 lanes) (8:30-9:30am – 1 lane) (9:30-3:30pm- 4 lanes) (3:30-9pm- 1 lane) (9-10pm – 4 lanes)	6am – 10pm (6-7:30am – 3 lanes) (7:30-8:15am– 5 lanes) (8:15-9am– 1 lane) (9-10am- 5 lanes) (10-11am- 1 lane) (11-3:30pm- 4 lanes) (3:30-7pm- 1 lane) (7-10pm- 4 lanes)	8am-9pm (8-12:30pm- 1 lane) (12:30-3:30pm- 4 lanes) (3:30-5:30pm- 1 lane) (5:30-9pm- 4 lanes)	7-8am/9:30am-9pm (7-8am- 5 lanes) (9:30-12:30pm- 1 lane) (12:30-2:30pm- 4 lanes) (2:30-6pm- 1 lane) (6pm-9pm- 4 lanes)
Sauna & Swirl Pool	3:30-7pm		3:30-7pm				8-9:30am
Water Walking Lane (1 lane available)	7:30-9:15am	7:30-8am	6-8:15am	7:30-8:15am	7:30-8am/9-10am		
Moonlight Swim		9-10pm		9-10pm			

All children under the age of 7 must be within arm's reach of an adult (16+ yrs) at all times. (1 adult to maximum of 3 children).
 Pool Space, Diving Boards, Rope Drop, Inflatable or Mat Walk open during peak times; programs & other activities permitting.
 Minimum 1 lane available during Length Swim

AQUA FITNESS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am		Power Deep *45min class	Power Deep				
8:15am		Rusty Hinges *45min Class			Rusty Hinges *45min class		
8:30am	Power Deep		Tidal Toner	Tidal Toner			
9:00am		Power Deep			Power Deep		
9:30am	Tidal Toner		Power Deep	Power Deep			
10:00am					Tidal Toner		

Limited Main Pool Space will be available for Public/Length Swim use during Aqua Fitness times

Weight Room Schedule							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room	6am -10pm	6am -10pm	6am -10pm	6am -10pm	6am -9pm	8am-5:30pm	8am-7:30pm

Weight Room operational hours are different than the Swimming Pool operational hours