

Facility Schedule

Dec 22 - 28, 2025

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	Dec 22	Dec 23	Dec 24	Dec 25	Dec 26	Dec 27	Dec 28
Public & Length Swim, Sauna, Swirl	6am -10pm	6am-10pm	6am-4pm	CLOSED	8am-4pm	7am-9pm	8am-9pm
Water Walking Lane	11am – 12pm		11am – 12pm				

1 lane or more available dependent on available space during Public and Length Swims

All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children)

Diving Board and Rock Wall are open during peak times: programs & other activities permitting.

AQUA FITNESS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am			Power Deep				
8:30am			Tidal Toner				
12pm	Rusty Hinges						

Shallow water classes maximum capacity of 25 people. Deep water classes maximum capacity of 15 people

Chailet water diacece maximum capacity of 20 people. Book water diacece maximum capacity of 10 people								
WEIGHT ROOM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
Weight Room	6am-10pm	6am-10pm	6am-4pm	CLOSED	8am-4pm	7am-9pm	8am-9pm	
Attendant	Weight room attendant available during majority of weight room hours.							

Schedules are subject to change without notice