

Facility Schedule

Jan 5 – Mar 15 2026

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public & Length Swim, Sauna, Swirl		6am -10pm					7am-9pm	8am-9pm
Water Walking Lane		11am – 12pm		11am – 12pm		11am – 12pm		
TGIF Family Fun Night						7pm-8:30pm		
Sensory Friendly Swims							2 nd Saturday of every month 6-7pm	

1 lane or more available dependent on available space during Public and Length Swims
All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children)
Diving Board and Rock Wall are open during peak times; programs & other activities permitting.

AQUA FITNESS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am				Deep Water				
8:00am					Shallow Water	Deep Water		
8:30am				Shallow Water				
9:00am					Deep Water	Shallow Water		
10:00am					Gentle Shallow Water	Gentle Shallow Water		
12:00pm		Gentle Shallow Water	Gentle Shallow Water					

Shallow water classes maximum capacity of 25 people. Deep water classes maximum capacity of 15 people

WEIGHT ROOM		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room		6am-10pm					7am-9pm	8am-9pm
Attendant		Weight room attendant available during majority of weight room hours.						

Schedules are subject to change without notice