

Facility Schedule

Dec 22 - 28, 2025

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		Dec 22	Dec 23	Dec 24	Dec 25	Dec 26	Dec 27	Dec 28
Public & Length Swim, Sauna, Swirl		6am-10pm	6am-10pm	6am-4pm	CLOSED	8am-4pm	8am-5:30pm	8am-7:30pm
Water Walking Lane		6-8:15am	6-9am	6-7:45am		8-9am		
1 lane or more available dependent on available space during Public and Length Swims All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children) Diving Boards are open during peak times; programs & other activities permitting.								
AQUA FITNESS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am		Power Deep						
8:00am				Tidal Toner				
8:30am		Tidal Toner						
9:15am				Power Deep				
12:00pm				Rusty Hinges				
Shallow water classes maximum capacity of 60 people. Deep water classes maximum capacity of 25 people								
WEIGHT ROOM		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room		6am-10pm	6am-10pm	6am-4pm	CLOSED	8am-4pm	8am-5:30pm	8am-7:30pm
Attendant		Weight room attendant available during majority of weight room hours.						

Schedules are subject to change without notice