

Facility Schedule

Dec 29 – Jan 4, 2026

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		Dec 29	Dec 30	Dec 31	Jan 1	Jan 2	Jan 3	Jan 4
Public & Length Swim, Sauna, Swirl		6am-10pm	6am-10pm	6am-4pm	10am-5pm	6am-9pm	8am-5:30pm	8am-7:30pm
Water Walking Lane		6am-9am	6am-9am	6am-7:45am		6am-7:45am		
TGIF Family Fun Night						7-8:30pm		
<p>1 lane or more available dependent on available space during Public and Length Swims All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children) Diving Boards are open during peak times; programs & other activities permitting.</p>								
AQUA FITNESS		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am								
8:00am				Tidal Toner		Tidal Toner		
8:30am								
9:00am						Power Deep		
9:15am				Power Deep				
Shallow water classes maximum capacity of 60 people. Deep water classes maximum capacity of 25 people								
WEIGHT ROOM		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room		6am-10pm	6am-10pm	6am-4pm	10am-5pm	6am-9pm	8am-5:30pm	8am-7:30pm
Attendant		Weight room attendant available during majority of weight room hours.						

Schedules are subject to change without notice