

Facility Schedule

Mar 16 – 29 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Public & Length Swim, Sauna, Swirl	6am -10pm					7am-9pm	8am-9pm
Water Walking Lane	12:30-1:30pm		12:30-1:30pm		12:30-1:30pm		
TGIF Family Fun Night					7pm-8:30pm		
1 lane or more available dependent on available space during Public and Length Swims All children under the age of 7 must be within arm's reach of an adult (16yrs+) at all times. (1 adult to a maximum of 3 children) Diving Board and Rock Wall are open during peak times; programs & other activities permitting.							
AQUA FITNESS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30am			Deep Water				
8:00am				Shallow Water <i>March 19 only</i>	Deep Water		
8:30am			Shallow Water				
9:00am				Deep Water <i>March 19 only</i>	Shallow Water		
10:00am					Gentle Shallow Water		
12:00pm	Gentle Shallow Water	Gentle Shallow Water <i>March 17 only</i>					
Shallow water classes maximum capacity of 25 people. Deep water classes maximum capacity of 15 people							
WEIGHT ROOM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Weight Room	6am-10pm					7am-9pm	8am-9pm
Attendant	Weight room attendant available during majority of weight room hours.						

Schedules are subject to change without notice